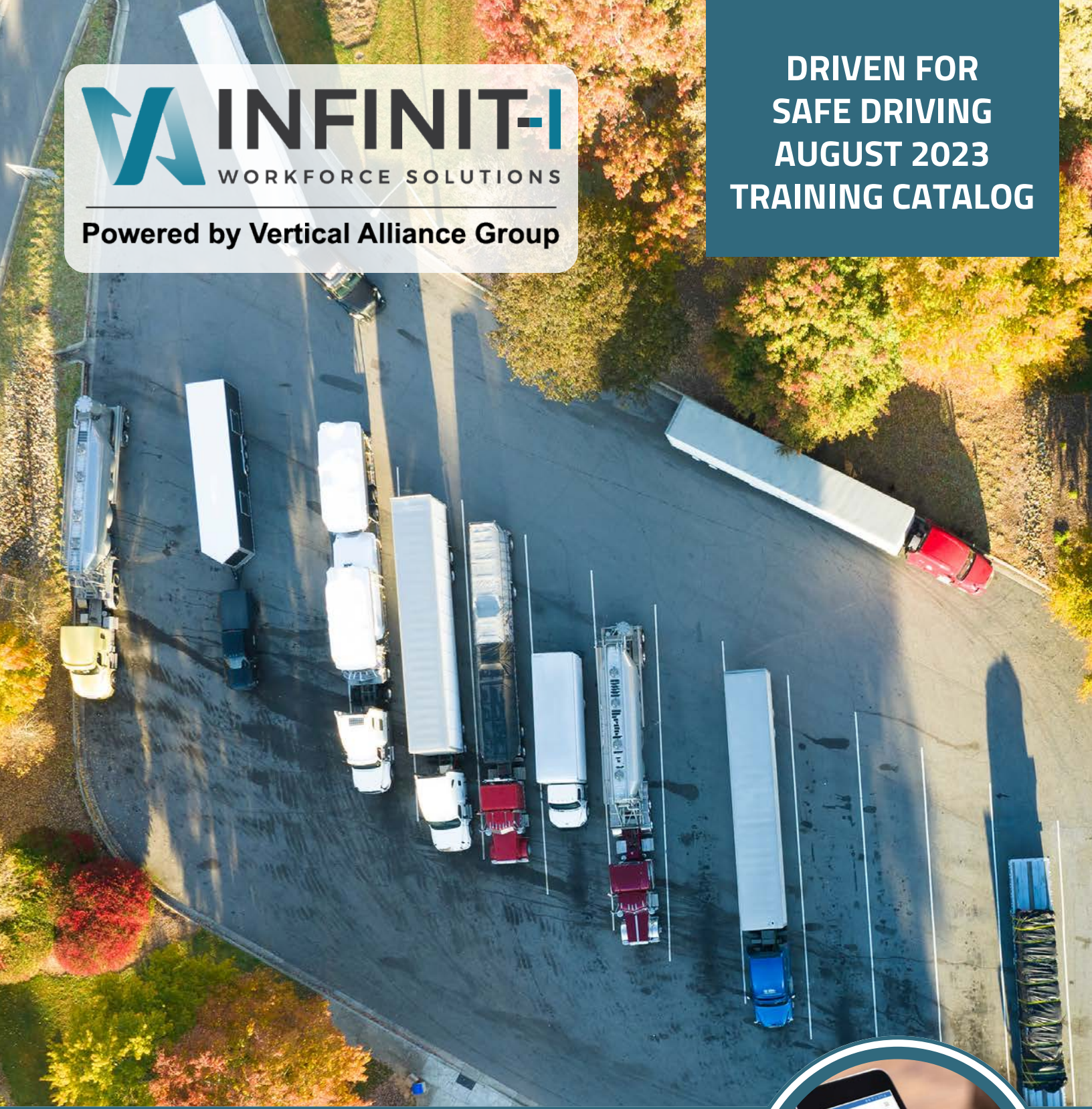




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# DRIVEN FOR SAFE DRIVING AUGUST 2023 TRAINING CATALOG



The Free **Infinit-I Workforce Solutions** App is  
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# WHAT'S NEW?

## Infinet-I releases new and updated content every month!

2022  
**35**

new or updated  
videos

2023  
**41**

new or updated  
videos and  
counting!

### NEW & UPDATED COURSES FOR AUGUST 2023

#### **Distracted Driving Awareness - Social Media**

Length: 4:39

This video explains the dangers of using social media while driving. It discusses potential damages for using social media behind the wheel and explores ways to resist the temptation.

Package: *Infinet-I Workforce Trucking*

Course: *Distracted Driving*

#### **OSHA: Electric Pallet Jacks - Part 1**

Length: 4:25

This video explains the safety regulations for electric pallet jacks. It discusses inspections and emphasizes the importance of referring to the manufacturer's guidelines as pallet jacks can operate differently depending on the design.

Package: *OSHA*

Course: *OSHA: Electric Pallet Jacks*

#### **OSHA: Electric Pallet Jacks - Part 2**

Length: 4:57

This video explains the safety regulations for electric pallet jacks. It discusses the basic anatomy of a pallet jack and lists ways to stay safe while operating one.

Package: *OSHA*

Course: *OSHA: Electric Pallet Jacks*

### NEW & UPDATED COURSES FOR JULY 2023

#### **OSHA: Compressed Air Part 1 - Hazards**

Length: 6:03

This video explains the common hazards involved with using compressed air tools and systems. It discusses the dangers of mishandling compressed air and lists common resulting injuries.

Package: *OSHA*

Course: *OSHA: Working Safely with Compressed Air*

#### **OSHA: Compressed Air Part 2 - Compressors**

Length: 7:32

This video discusses the common types of air compressors, or pressure vessels. It explains how they operate and lists general regulations surrounding their safe usage.

Package: *OSHA*

Course: *OSHA: Working Safely with Compressed Air*

#### **OSHA: Compressed Air Part 3 – Air Receivers**

Length: 5:07

This video explains the role of air receivers in compressed air systems and tools. It discusses its' various functions and relevant regulations surrounding their safe usage.

Package: *OSHA*

Course: *OSHA: Working Safely with Compressed Air*

#### **OSHA: Compressed Air Part 4 – Air Hoses & Couplings**

Length: 5:30

This video explains how air hoses and couplings operate within compressed air systems. It explains how they work together to help keep pneumatic systems safe and efficient.

Package: *OSHA*

Course: *OSHA: Working Safely with Compressed Air*

#### **OSHA: Compressed Air Part 5 – Pneumatic Tool Safety**

Length: 6:08

This video discusses general safety tips to follow when using various pneumatic tools. It explains the importance of using proper fittings, following manufacturer guidelines, and what to do in an emergency.

Package: *OSHA*

Course: *OSHA: Working Safely with Compressed Air*

#### **Speed and Space Management: Part 1 - Speed**

Length: 6:29

This video discusses the importance of managing your speed while driving. It explains speed limit regulations, safety precautions, and emphasizes how reducing your speed can save money and prolong your vehicle life.

Package: *Infinet-I Workforce Trucking*

Course: *Speed and Space Management*

*\*Available in Spanish*

#### **Speed and Space Management: Part 2 - Space**

Length: 5:09

This video discusses the importance of managing the space around your vehicle while driving. It explains the importance of monitoring your following distance as well as considering the space above, below, and to the sides of your CMV.

Package: *Infinet-I Workforce Trucking*

Course: *Speed and Space Management*

*\*Available in Spanish*

### Speed and Space Management: Part 3 - Stopping Distance

Length: 5:05

This video explains the importance of managing your stopping distance. It defines perception and reaction time and discusses the components that make up your braking distance.

Package: *Infiniti-I Workforce Trucking*

Course: *Speed and Space Management*

\*Available in Spanish

## NEW & UPDATED COURSES FOR JUNE 2023

### Anti-lock Braking Systems – How ABS Works



Length: 6:36

This video explains what anti-lock brakes are and how they work. It also discusses what to do if your ABS system fails.

Package: *Infiniti-I Workforce Trucking*

Course: *Anti-lock Braking Systems*

\*Available in Spanish

### OSHA: Heat Stress Awareness 1 - Sweating

Length: 5:00

This video defines heat stress and discusses its risk factors. It explains the human anatomy of sweating and how the process helps protect you from heat stress.

Package: *OSHA*

Course: *OSHA: Heat Stress*

### OSHA: Heat Stress Awareness 2 – Types of Injury

Length: 5:38

This video discusses the most common types of heat-related injuries. It explains precautions to take and outlines different ways to cool off.

Package: *OSHA*

Course: *OSHA: Heat Stress*

### OSHA: Heat Stress Awareness 3 – Treatment

Length: 4:53

This video discusses treatment options for heat-related injuries. It explains the importance of rest, hydration, and calling emergency services if you suspect heat stroke.

Package: *OSHA*

Course: *OSHA: Heat Stress*

### OSHA: Heat Stress Awareness 4 – Acclimation

Length: 5:37

This video explains what heat acclimation is and the importance of it when working in hot environments. It discusses how your body adjusts to heat in natural and climate-controlled environments.

Package: *OSHA*

Course: *OSHA: Heat Stress*

## QUICK CATALOG NAVIGATION TIPS

From the Table of Contents, you can click on a Tool and be taken directly to a page within the catalog to view the description of the Tool. Additionally, you can click on "Table of Contents" at the bottom of any page to quickly be taken back to the table of contents.

## FINDING VIDEOS IN THE TRAINING LIBRARY

With the most recent Infiniti-I Workforce Solutions system, the best way to find training content is under "Assignments" in the Infiniti-I dashboard. Under Assignments, select "Library." In the Search field, enter a keyword for the subject you want to find. Courses will be divided up into different sections, which will allow you to further refine your search.

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### MSHA

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# CONTENT CATALOG

## BUSINESS ACUMEN

### CBSI TRAINING

#### **Business Structure: Choosing the Right One**

*Length: 10:25*

This segment will focus on the importance of the proper formation of your company. From sole proprietor to an S-Corporation, the video will explain the different options that you have and tax consequences.

*Section: CBSI 6 Part Series*

*Module: Key 1 Business Structure*

#### **Building Your Business Team: No One Can Do It Alone**

*Length: 2:37*

Discusses the importance of who hire to allow you to operate your new business.

*Section: CBSI 6 Part Series*

*Module: Key 2 Building Your Business Team*

#### **Running Your Business: Doing the Fundamentals**

*Length: 7:11*

This video addresses doing the fundamentals right. Proper file keeping, paying bills on time, and delegation of tasks.

*Section: CBSI 6 Part Series*

*Module: Key 3 Running Your Business*

#### **Paying Attention to the IRS**

*Length: 6:26*

This video addresses quarterly filings and tax returns.

*Section: CBSI 6 Part Series*

*Module: Key 4 Paying Attention to the IRS*

#### **Having Financial Info. Available to Run Your Business**

*Length: 7:06*

This video addresses Federal as well as State compliance records and timely tracking reports to keep you informed of your firm's financial status.

*Section: CBSI 6 Part Series*

*Module: Key 5 Having Financial Information Available*

#### **Stability – The IT Factor**

*Length: 5:00*

This computer system and program allows you to focus on growth and income, efficiency, and profitability.

*Section: CBSI 6 Part Series*

*Module: Key 6 Stability*

### INSURANCE COVERAGE

#### **Trucking Industry Best Practices, Bob Perew**

*Length: 1:00:42*

Bob Perew, Senior Loss Control Specialist for Canal Insurance Company, discusses the major characteristics of the best trucking companies, including management, financial statements, business growth, strong safety culture, and driver compensation.

*Section: Best Practices Webinars*

*Module: 2019 Webinars*

## RUNNING A BUSINESS

#### **Employee Handbooks: Policy Updates You Need to Make**

*Length: 1:04:35*

Attorney Greg McAllister reviews new laws in multiple areas that you need to understand as you review policies and update your employee handbooks.

*Section: Human Resources - Infinal-I*

*Module: Webinars*

## CSA BASICS

#### **CSA BASICS, Part 1 - Introduction**

*Length: 3:31*

The goal of the CSA initiative is to hold "motor carriers and drivers accountable for their role in safety." Join us for the first in this multi-part series to learn what exactly that means. In this introduction we discuss the seven BASICS, how drivers and carriers are affected, and what to expect in parts 2-9 of this training module.

*Course Name: CSA BASICS*

*Content Name: Part 1 - Introduction*

*\*Available in Spanish*

#### **CSA BASICS, Part 2 – Safety Measurement System (SMS)**

*Length: 7:58*

The FMCSA uses the Safety Measurement System under CSA guidelines to establish dangerous drivers and carriers on the road. In this section of the CSA BASICS training module learn about the four major components of the SMS, the difference between CSMS and DSMS, how scoring works, how to improve a score, and what happens if the FMCSA rules an intervention.

*Course Name: CSA BASICS*

*Content Name: Part 2 – Safety Measurement System (SMS)*

*\*Available in Spanish*

#### **CSA BASICS, Part 3 – Controlled Substances and Alcohol BASIC**

*Length: 4:23*

It's important for drivers and motor carriers to know the details of each BASIC to properly adhere to the rules and avoid safety issues. Let's dig into the Controlled Substances/Alcohol BASIC by discussing what is included in the BASIC, examples of violations and severity weights, documents required during an investigation, and how to avoid violations in this category.

*Course Name: CSA BASICS*

*Content Name: Part 3 – Controlled Substances and Alcohol BASIC*

*\*Available in Spanish*

## **CSA BASICS, Part 4 – Crash Indicator BASIC**

*Length: 3:56*

Decreasing the frequency of crashes is the essence of the CSA program, making the Crash Indicator BASIC crucial in maintaining road safety. This video explores how the BASIC is defined, how performance is measured, which documents to keep on-hand, and crash prevention and safety performance improvement.

*Course Name: CSA BASICS*

*Content Name: Part 4 – Crash Indicator BASIC*

*\*Available in Spanish*

## **CSA BASICS, Part 5 – Driver Fitness BASIC**

*Length: 4:21*

The Driver Fitness BASIC refers to the operation of CMVs by those who are unfit to do so due to lack of training, experience, or medical qualifications. In part five of this training module, you'll learn what this category entails, correlating violations and severity weights, necessary documentation, and ways to improve your score.

*Course Name: CSA BASICS*

*Content Name: Part 5 – Driver Fitness BASIC*

*\*Available in Spanish*

## **CSA BASICS, Part 6 – Hazardous Materials Compliance BASIC**

*Length: 4:18*

The Hazardous Materials Compliance BASIC addresses regulations on safely transporting HM via commercial motor vehicles. In this video you'll learn what the BASIC covers, examples of violations and severity weights, required documents, and CSA score improvement for this category.

*Course Name: CSA BASICS*

*Content Name: Part 6 – Hazardous Materials Compliance BASIC*

*\*Available in Spanish*

## **CSA BASICS, Part 7 – Hours of Service Compliance BASIC**

*Length: 3:49*

Hours-of-Service regulations were put in place to ensure drivers are awake, alert, and have quick response times on the road. In this section of the CSA training module, we cover the Hours-of-Service Compliance BASIC, including examples of violations and severity weights, proper documentation, and how to improve a score in this category.

*Course Name: CSA BASICS*

*Content Name: Part 7 – Hours of Service Compliance BASIC*

*\*Available in Spanish*

## **CSA BASICS, Part 8 – Unsafe Driving BASIC**

*Length: 4:16*

The Unsafe Driving BASIC refers to the operation of CMVs in a dangerous or careless manner. Join us in this eighth segment of the CSA BASICS training module where we talk about the details of this category, examples of violations and severity weights, required documents, and score improvement.

*Course Name: CSA BASICS*

*Content Name: Part 8 – Unsafe Driving BASIC*

*\*Available in Spanish*

## **CSA BASICS, Part 9 – Vehicle Maintenance**

*Length: 5:48*

The responsibility of maintaining safe CMVs is shared between drivers, maintenance personnel, and carriers. In this final CSA BASICS video, learn about the Vehicle Maintenance BASIC including violations and severity weights, required documentation, and options for score improvement.

*Course Name: CSA BASICS*

*Content Name: Part 9 – Vehicle Maintenance*

*\*Available in Spanish*

## **CSA MINUTES**

### **CSA Minutes: Broken or Discolored Windshield**

*Length: 0:55*

This video briefly explains the importance of windshield upkeep. It explains the consequences of driving with a broken or discolored windshield and lists CSA point violations for these offenses.

*Package: Infit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Driver Intervention – Part 1**

*Length: 1:21*

This video briefly explains how CSA scores and violations work. It discusses driver and company records and how some drivers may need FMCSA intervention.

*Package: Infit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Driver Intervention – Part 2**

*Length: 2:42*

This video briefly describes when FMCSA intervention is necessary for drivers as a result of on-site audits. It explains how drivers are responsible for preventing CSA violations and discusses the possibility of receiving a Notice of Claim.

*Package: Infit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Driving a CMV While Disqualified From Holding a CDL 383.51(a)**

*Length: 1:01*

This video briefly explains that drivers who operate a commercial motor vehicle must have a commercial driver's license and lists relevant CSA violations.

*Package: Infit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Driving More Than 11 Hours**

*Length: 1:40*

This video briefly discusses how drivers should not exceed their hours of service. It mentions the danger of fatigue and lists relevant CSA violations.

*Package: Infit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Driving While Ill or Fatigued**

*Length - 01:12*

This video describes the dangers of driving while ill or fatigued. It discusses the relevant CSA violations and encourages drivers to express when they're too tired to drive. .

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

*\*Available in Spanish*

### **CSA Minutes: Driving with Exposed Belts or Ply**

*Length: 1:40*

This video briefly explains the importance of checking your tires during a pre-trip inspection. Worn tires can be dangerous and can result in CSA violations.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Driving without Required Paperwork**

*Length: 1:39*

This video briefly describes the consequences of driving without the necessary paperwork, such as your CDL, medical certificate, and logbook. It also emphasizes the importance of keeping such documents up-to-date and accessible.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Driving without Valid CDL**

*Length: 1:13*

This video briefly discusses the consequences of driving without your CDL. It also lists the relevant CSA violations.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: ELD - Driver Failed to Assume or Decline Unassigned Driving Time - 395.32B**

*Length: 1:12*

This video discusses logging driving time in to your Electronic Log Device. It explains how yard moves can cause an Unidentified Driver log and describes the CSA score violation for this.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: ELD - Driver Failed to Manually Add Information - 395.24C**

*Length: 1:31*

This video describes the benefits and drawbacks of using ELDs. It explains how drivers must be diligent when adding manual annotations to the log and lists the relevant CSA violations.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: ELD - Driver Failed to Select Special Driving Category - 395.28**

*Length: 1:13*

This video discusses the violation of a driver failing to select a special driving category or other similar situations and the point amount associated with this type of violation.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: ELD - Failing to Follow the Prompts from the ELD - 395.30C**

*Length: 1:03*

This video discusses the consequences of inaccurately recording information on your ELD. It emphasizes the importance of staying diligent when adding or editing information from the ELD prompts.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: ELD - Failing to Note Malfunctions that Requires Use of Paper Log - 395.34A1**

*Length: 1:19*

This video explains the importance of logging ELD malfunctions on a paper log. It discusses using a graph-grid and preparing a manual record of duty status log.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: ELD - No Record of Duty Status - 395.8A**

*Length: 1:18*

This video describes the importance of correctly notating your record of duty status. It explains how non-exempt drivers must ensure their ELDs are functioning and exempt drivers are properly updating their paper logs.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: ELD - Operating with a Device Not Registered with FMCSA**

*Length: 1:07*

This video briefly explains that ELDs selected for CMVs must be registered with the FMCSA. It discusses how most drivers must use ELDs unless certain exemptions apply.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: ELD - Portable ELD Not Mounted in a Fixed and Visible Position**

*Length: 1:07*

This video emphasizes the importance of staying alert while driving and minimizing distractions. It discusses how portable ELDs must be mounted in a fixed, visible position.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Failure to Control Fueling of HazMat Vehicle**

*Length: 1:31*

This video discusses the importance of staying near your vehicle when fueling. It explains relevant CSA violations and that HazMat loads are especially dangerous when left unattended.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Failure to Control Fuel of HM - 397.15**

*Length: 1:10*

This video describes the importance of staying near your hazmat load vehicle when refueling. It briefly discusses fueling procedures and lists relevant CSA violations.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Failure to Retain 7 Days of Logs**

*Length: 1:25*

This video briefly describes the importance of maintaining and retaining driver paperwork. Drivers must keep a record of the last seven days of their duty status log.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Failure to Use Caution For Hazardous Conditions**

*Length: 1:31*

This video discusses the importance of driving cautiously through hazardous road conditions such as work zones. It lists the relevant CSA violations and urges drivers to slow down when approaching hazardous conditions.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Following Too Close - 392.2FC**

*Length: 1:13*

This video discusses the dangers of following vehicles too closely. It explains how the typical CMV should leave 4-6 seconds of following distance from the vehicle in front of them.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: General Qualifications - 391.11(b)**

*Length: 1:10*

This video briefly explains the basic qualifications to drive a CMV and lists relevant CSA violations.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: General Securement 392.9 - 392.9(a)(3)**

*Length: 2:04*

This video discusses violations 392.9 through 392.9(a)(3), general securement.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Hazardous Materials Package Specification**

*Length: 1:20*

This video discusses the dangers of misrepresenting a package specification. It lists relevant CSA violations and explains that hazardous materials packaging is highly regulated to minimize danger.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Hood Not Securely Fastened**

*Length: 1:31*

This video briefly describes the importance of fastening your hood securely. It discusses the importance of patience and ensuring all parts of your vehicle are tight and operative.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Improper Flag Placement**

*Length: 1:10*

This video explains the importance of properly placing and securing the necessary flags on your load and vehicle.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Improperly Loaded or Secured Cargo**

*Length: 1:10*

This video briefly discusses the dangers of improperly securing cargo on a load. It also lists the relevant CSA violations and possible consequences for your safety record.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: In Possession or Under the Influence of a Narcotic Drug**

*Length: 1:25*

This video briefly explains the dangers of narcotics for drivers and lists relevant CSA violations.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Inoperative Headlamps**

*Length: 1:16*

This video briefly explains the importance of ensuring your headlamps are functional. It emphasizes conducting thorough pre-trip inspections and lists relevant CSA violations.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Inoperative Tail Lights**

*Length: 1:15*

This video briefly discusses the danger of driving with inoperative tail lights and lists the relevant CSA violations. It emphasizes the importance of checking your lights during stops and inspections.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Inoperative Turn Signal - 393.9TS**

*Length: 1:00*

This video explains the importance of having functional turn signals. It emphasizes how the ability to indicate a turn can keep you and other motorists safe.

*Package: Infinit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Inoperative/Defective Brakes - 393.48(a)**

*Length: 1:07*

This video describes the dangers of driving with defective brakes. It lists various brake components that need to be regularly inspected as well as emphasizes the importance of proper brake tests during pre-trip inspections.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Leaking Fluid**

*Length: 1:48*

This video briefly discusses the importance of looking under your vehicle during inspections to check for leaking fluids. It also lists the relevant consequences and CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Leaking, Spilling, or Blowing Cargo**

*Length: 1:58*

This video explains the dangers of leaky trailers or cargo spillage. It emphasizes the importance of securing your load and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Lubrication & Oil and/or Grease Leak - 396.5(a) 396.5(b)**

*Length: 1:13*

This video briefly discusses the importance of ensuring your vehicle is properly lubricated. It describes the consequences of grease leaks and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: No Medical Certificate in Driver's Possession - 391.41(a)**

*Length: 1:25*

This video describes the importance of carrying proper documentation with you while driving, including a medical certificate. It explains how CDL holders must present certain documents or risk having their CMV driving privileges downgraded by the State.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Operating CMV with Lamps - Reflectors Obscured - 392.33**

*Length: 1:07*

This video briefly explains the importance of keeping your reflectors visible. When they're obscured, your CMV can blend into its surroundings, presenting a danger to you and other motorists.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Out of Service**

*Length: 1:45*

This video briefly discusses the importance of properly preparing a record of duty status to avoid being placed out of service. It emphasizes how logs are to be accurate and accounted for and explains relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Passenger Seat Belt**

*Length: 1:34*

This video discusses the violation of operating a CMV while all other occupants are not properly restrained and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Possession of Alcohol**

*Length: 1:21*

This video discusses the consequences of possessing alcohol while operating a CMV and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Seatbelt**

*Length: 1:45*

This video briefly explains the importance of wearing a seatbelt when driving. Not only does wearing your seatbelt keep you safe, it's the law.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Smoking with HazMat Load**

*Length: 1:30*

This video briefly explains the dangers of smoking near a HazMat load and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Speeding**

*Length: 3:34*

This video describes CSA speeding violations, including how different speeds have different severity weights for CSA scoring. It also explains the importance of scheduling runs in a timely manner to avoid having to speed.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

*\*Available in Spanish*

### **CSA Minutes: Texting While Driving**

*Length: 2:01*

This video briefly explains the dangers of texting and driving. It lists relevant CSA violations and discusses hands-free devices.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes: Trooper Mark Clark*

### **CSA Minutes: Tiedown - 393.104(f)**

*Length: 1:19*

This video discusses how tiedowns can keep your load safe. It briefly explains regulations for securing tie-downs and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Tire Condition - 393.75(a)**

*Length: 1:25*

This video emphasizes the importance of having good tire conditions while driving. It describes various dangers of driving on worn or defective tires and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Tire Load Limit and Underinflation**

*Length: 1:49*

This video discusses the importance of knowing the weight limit of your tires and ensuring proper inflation. It explains the dangers of driving on under-inflated tires and lists the relevant CSA score violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Tire Speed Restriction**

*Length: 1:27*

This video explains the importance of knowing the speed restriction of your tires. This should be checked during pre-trip inspections - exceeding the tire's speed restriction can result in a CSA violation.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Tire Tread**

*Length: 2:04*

This video explains the importance of maintaining your tires for road safety. It emphasizes tread depth and groove and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Under the Influence of Alcohol**

*Length: 1:45*

This video briefly discusses the dangers of drunk driving. It discusses the effects of alcohol, such as decreased cognitive abilities, and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **CSA Minutes: Windshield Obstruction**

*Length: 2:46*

This video explains the importance of having a clean windshield with no obstructions to your view. It discusses various devices that can or cannot be mounted on the dash and lists relevant CSA violations.

*Package: Infnit-I Workforce Trucking*

*Course: CSA Minutes*

### **ELD - Necessary Related Materials**

*Length: 1:32*

This video discusses various materials related to ELDs that drivers are required to maintain. Failure to maintain these materials are violations of the Hours of Service Compliance BASIC.

*Section: CSA Minutes*

*Module: CSA Minutes*

### **ELD - Failure to Provide Supporting Documents**

*Length: 1:30*

This video discusses the supporting documents a driver must keep in their possession and provide upon request. Failure to provide supporting documents in relation to ELDs is a violation of the Hours of Service Compliance BASIC.

*Section: CSA Minutes*

*Module: CSA Minutes*

### **ELD - Display Screen Cannot Be Viewed Outside of the CMV**

*Length: 1:06*

This video discusses ELDs and how the display screen for an ELD must be able to be viewed from outside of the CMV. An ELD's display screen that cannot be viewed outside of the CMV is a violation of the Hours of Service Compliance BASIC.

*Section: CSA Minutes*

*Module: CSA Minutes*

### **Failure to Conduct a Pre-trip Inspection**

*Length: 1:09*

This is a short reminder that failure to do a proper pre-trip inspection is a violation of CSA.

*Section: CSA Minutes*

*Module: CSA Minutes*

### **Failure to Wear Hearing Aids or Glasses**

*Length: 1:14*

A reminder on wearing hearing aids and prescription glasses.

*Section: CSA Minutes*

*Module: CSA Minutes*

## **CSA HOURS OF SERVICE**

### **Hours of Service - Part 01:**

#### **Introduction to Hours of Service**

*Length: 2:38*

This video introduces the FMSCA regulations on hours of service. It outlines who the restrictions apply to and how these guidelines aim to reduce accidents.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 02: The 14 Hour Window / 11 Hour Limit / 60-70 Hour Limit**

*Length: 3:28*

This video details when CMV operators can drive, how long they can drive, and when to get off the road. It discusses the 14-hour driving window, the 10-hour off-duty regulation, and the 60/70-hour limit. It also explains the differences in these regulations for passenger-carrying vehicles.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 03 - The Thirty Minute Break and 34 Hour Restart**

*Length: 2:08*

This video explains the 30-minute break and 34-hour restart regulations. It explains what qualifies as a break and differentiates the regulations for short-haul exceptions.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 04 - On-Duty Time / Travel Time / Off-Duty Time**

*Length: 3:36*

This video defines what is considered on-duty and off-duty time and provides specific examples. It also defines travel time and explains qualifying exclusions for these regulations.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 05 - The Sleeper Berth Provision**

*Length: 5:04*

This video explains the specifics of the sleeper berth provision. It discusses how the sleeper berth can be used to satisfy the 10-hour off-duty regulation, and provides example scenarios that allow an extension on the 14-hour driving limit.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 06 - The Drivers Daily Log Book**

*Length: 4:05*

This video explains the regulations on logging hours of service on paper. It discusses the driver's 24-hour daily log and defines who must keep a log, along with exceptions. It also outlines what all must be included in the log.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 07 - Interstate Truck Driver Guide to HOS**

*Type: 27-page PDF*

This document is the official FMCSA Interstate Truck Driver's Guide to Hours of Service and reiterates the topics discussed in this series. It does not account for the 2020 hours of service changes.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 08 - HOS ELD**

*Length: 4:25*

This video discusses the advantages of using an electronic logging device for hours of service, how they work, and who must use them. It also defines what reference items you must keep with your ELD, and who is exempt from using them.

*Section: Trucking Industry*

*Module: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 09 - Exemptions/Exceptions**

*Length: 2:56*

This video defines exceptions and exemptions for hours of service regulations, including unexpected adverse driving conditions, short-haul trips, and declared emergencies.

*Section: Trucking Industry*

*Module: Hours of Service*

*\*Available in Spanish*

## **Hours of Service - Part 10 - Hours of Service Final Rule Visor Card**

*Type: 2-page PDF*

This document is the FMCSA visor card that outlines the hours of service regulations.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **Hours of Service Changes in 2020**

*Length: 2:07*

This video outlines the FMCSA 2020 changes to the hours of service regulations, including the CMV short-haul exemption, adverse driving conditions rules, 30-minute break rules, and the new split sleeper berth provision.

*Package: Infnit-I Workforce Trucking*

*Course: Hours of Service*

*\*Available in Spanish*

## **CSA WEBINARS**

### **How to Prepare for Major Changes to CSA in 2019**

*Length: 1:02:02*

Craig Lack and Buddy Walls of Carrier Software join Infnit-I Workforce Solutions to discuss how CSA is going to change, the current CSA vs New IRT model, how this will affect transportation companies, and how you can stay ahead of the CSA changes.

*Section: Best Practices Webinars*

*Module: 2019 Webinars*

## DRIVER GENERAL KNOWLEDGE

### Animal Avoidance

Length: 5:36

Animal crossings are common and dangerous occurrences. To avoid accidents with animals, learn when and where to look for wildlife, what warning signs look like, and safe driving techniques for these areas. In cases where a collision is unavoidable, there are specific protocols that help limit damage and injuries. Learn about each of these topics in our video, Animal Avoidance.

Section: Trucking Industry

Module: Animal Avoidance

\*Available in Spanish

## CARGO SECUREMENT

### Cargo Door Safety

Length: 5:43

This video details the safe operation of trailer cargo doors. Proper exiting technique from the trailer and proper opening and securement of the doors are detailed.

Section: Trucking Industry

Module: Cargo Door Safety

\*Available in Spanish

### Cargo Securement

Length: 8:13

When moving cargo over the road it's important to ensure the safety of yourself, others, and the cargo itself. Improperly secured cargo can create various issues, so this video covers FMCSA regulations about cargo securement, your responsibilities, performance criteria, securement devices and requirements, and proper tie-down.

Course Name: Cargo Management

Content Name: Cargo Securement

### Handling and Securing Cargo

Length: 7:34

This video covers weight distribution, cargo securement, theft prevention, cargo covering, safe and efficient loading and unloading of cargo, and handling hazardous materials.

Package: Infit-I Workforce Trucking

Course: Handling and Securing Cargo



### Overweight Trailers - Calculating Load

Length: 5:51

Federal regulations for calculating and distributing a load are covered in this video. Also discussed are ways to alter weight distribution and regulations on oversized or overweight trailers.

Section: Trucking Industry

Module: Overweight Trailers - Calculating Load

\*Available in Spanish

## COUPLING & UNCOUPLING

### Coupling - 2016

Length: 5:47

This video discusses proper procedures for coupling a trailer, including methods of approach and contact and identification of parts and hazards.

Section: Trucking Industry

Module: Coupling and Uncoupling - 2016

\*Available in Spanish

### Uncoupling - 2016

Length: 2:58

This video discusses the proper procedures involved in uncoupling a trailer, including the importance of solid ground, inspection, and personal safety.

Section: Trucking Industry

Module: Coupling and Uncoupling - 2016

\*Available in Spanish

## DRIVER BEST PRACTICES

### Dump Truck Safety

Length: 10:05

This video focuses on dump truck safety considerations, preventive maintenance, pre- and post-trip vehicle inspections, weight maximums, and bed operations.

Section: Trucking Industry

Module: Dump Truck Safety

### Bucket Truck

Length: 17:39

This video covers bucket truck safety, pre-trip inspection, and personal protective gear. It also covers the importance of establishing a safe working area, job site survey, safety cones and flags, and common obstructions on job sites.

Section: Trucking Industry

Module: Bucket Truck

### Cargo Theft

Length: 10:58

This video discusses the need for growing vigilance of cargo theft and the need for active prevention and deterrence measures. It discusses proper orientation and pre-trip inspections, pad locks vs. seals, "200 mile Red Zone", having an active GPS, and layered security measures such as cargo tracking devices and regular check-ins at all stops.

Section: Trucking Industry

Module: Cargo Theft

\*Available in Spanish

### Control Systems/Dashboard

Length: 13:27

This video provides a detailed description of instruments, gauges, and controls found on the dashboard and in the cab of a typical large truck. Trainees will learn how to locate, understand, and use these tools as well as safety components available to them.

Section: Trucking Industry

Module: Control Systems/Dashboard

\*Available in Spanish



## Driving Around School Buses

Length: 5:03

This video focuses on tips on how to operate a CMV around school buses, defensive driving, and operating in school zones and residential areas. This video also discusses the potential dangers and consequences of violating the school bus safety laws.

Course Name: *Driving Around School Buses*

Content Name: *Driving Around School Buses*

\*Available in Spanish

## Environmental Compliance Issues



Length: 6:35

This video reviews common environmental hazards related to CMV operation, the regulations that apply to environmental compliance, and specifically discusses, air and noise pollution, maintenance, and hazardous materials issues.

Package: *Infinitt-1 Workforce Trucking*

Course: *Environmental Compliance Issues*

## Failure to Yield for Emergency Vehicles

Length: 5:49

It's important to know the nuances of yielding safely and properly for emergency vehicles. In this video we discuss best practices for yielding to moving and stationary emergency vehicles with lights and/or sirens activated, how to yield on single, two-lane, and multi-lane roadways, and what happens if these rules are violated.

Section: *Failure to Yield for Emergency Vehicles*

Module: *Trucking Industry*

\*Available in Spanish

## FMCSR – Ramifications



Length: 6:42

This video covers the disqualifications for major offenses, serious traffic violations, railroad-highway grade crossing offenses, and out-of-service offenses.

Package: *Infinitt-1 Workforce Trucking*

Course: *FMCSR – Ramifications*

## Form and Manner Violations

Length: 5:54

Form and Manner violations are important because they pertain to proper upkeep of driver's logs. This video covers what Form and Manner violations are, how to avoid them, the consequences, and relevant differences between ELDs and paper logs.

Course Name: *Form and Manner Violations*

Content Name: *Form and Manner Violations*

\*Available in Spanish

## Loading, Transporting, and Unloading Heavy Equipment

Length: 12:02

This video covers key areas regarding the transportation, routing and proper loading of heavy equipment.

Section: *Trucking Industry*

Module: *Loading, Transporting, and Unloading Heavy Equipment*

## Low Clearance

Length: 5:20

This video will discuss the importance of knowing what low clearance hazards look like and how best to avoid them.

Section: *Trucking Industry*

Module: *Low Clearance*

\*Available in Spanish

## Merging

Length: 4:32

Learn the intricacies and nuances of approaching and correctly performing a merge. This video also explores when to merge early or utilize the zipper merge technique and issues to avoid while merging

Section: *Trucking Industry*

Module: *Merging*

\*Available in Spanish

## Out-of-Service

Length: 6:06

This video covers the definition of Out-of-Service, reasons why a driver or vehicle could be placed Out-of-Service, penalties for operating while Out-of-Service, and how to resolve being placed Out-of-Service.

Package: *Infinitt-1 Workforce Trucking*

Course: *Out-of-Service*

## Route Management

Length: 6:15

Route management and trip planning are essential for drivers who want to cut costs, improve customer service, increase business productivity, and increase safety.

Course Name: *Driver Skills*

Content Name: *Route Management*

## Seatbelts

Length: 5:06

This video defines the intended uses for seatbelts and illustrates how seatbelts prevent being thrown from the vehicle.

Section: *Trucking Industry*

Module: *Seatbelts*

\*Available in Spanish

## Shifting/Operating Transmissions

Length: 8:53

This video explains the function of and types of transmissions as well as proper shifting procedures.

Section: *Trucking Industry*

Module: *Shifting/Operating Transmissions*

\*Available in Spanish

## Triangle Placement

Length: 5:39

When a CMV is stopped on the side of the road, DOT regulations require warning signal flashers and triangles to be properly placed on the road. This video discusses the proper procedures for triangle placement and walks through various scenarios.

Section: *Trucking Industry*

Module: *Triangle Placement*

## Vehicle Communications



Length: 8:34

This video provides instruction on communication with other road users. It discusses techniques for the proper use of headlights, turn signals, four-way flashers, and horns. It also discusses the utilization of eye contact techniques.

Package: *Infiniti-I Workforce Trucking*

Course: *Vehicle Communications*

## SAFE DRIVING

### Driving in Extreme Weather Conditions

Length: 9:10

When driving in extreme weather conditions, it is important to be aware of safety best practices to avoid accidents. This video discusses tips like proceeding slowly and cautiously and lengthening following distance to allow time and space to stop or maneuver the truck.

Section: *Trucking Industry*

Module: *Driving in Extreme Weather Conditions*

\*Available in Spanish

### Driving Through Work Zones

Length: 4:54

Each year, a high number of accidents occur in work zones. This video discusses types of work zone related accidents and how to avoid them.

Section: *Trucking Industry*

Module: *Driving Through Work Zones*

\*Available in Spanish

### Lane Restrictions

Length: 4:52

Learn when and where left lane travel is acceptable for large commercial motor vehicles.

Section: *Trucking Industry*

Module: *Lane Restrictions*

\*Available in Spanish

### Mountain Driving, Downhill Grades, Downhill Braking

Length: 6:49

This video focuses on how to operate a CMV on mountain roads and downhill grades, the downhill braking technique, and options for facing potential dangers.

Course Name: *Mountain Driving, Downhill Grades, Downhill Braking*

Content Name: *Mountain Driving, Downhill Grades,*

*Downhill Braking*

\*Available in Spanish

## Safe Parking in Emergencies



Length: 5:46

This video discusses safe parking practices to follow during emergencies. It emphasizes the dangers of parking along highways and outlines general procedures to follow when parking on short notice.

Package: *Infiniti-I Workforce Trucking*

Course: *Safe Parking in Emergencies*

\*Available in Spanish

## Skid Control/Recovery, Jackknifing, and Other Emergencies



Length: 10:23

This video serves as a guide to skid control and recovery, jackknifing, and other common emergencies. It discusses techniques for direction control, evasive steering, emergency braking, and off-road recovery.

Package: *Infiniti-I Workforce Trucking*

Course: *Skid Control/Recovery, Jackknifing, and Other Emergencies*

\*Available in Spanish

### Traffic Signs

Length: 12:36

This video discusses the many categories of traffic signs, highlighting shapes, coloration, and information that the different categories present.

Section: *Trucking Industry*

Module: *Traffic Control Devices*

\*Available in Spanish

### Tire Chains

Length: 4:53

Poor weather conditions are one of the greatest road dangers. Tire chains are a tool to reduce said dangers. To prepare for their use, we'll discuss what they are, when and why to use them, application and removal, and best practices.

Course Name: *Tire Chains*

Content Name: *Tire Chains*

\*Available in Spanish

### Turning

Length: 5:50

This video discusses the fundamentals and best practice procedures involving single and multiple-lane turns in a CMV.

Section: *Trucking Industry*

Module: *Turning*

\*Available in Spanish

### U-turns

Length: 4:53

This video discusses U-turns, their legality, how to avoid them, and the possible consequences for performing them. It details how to perform a U-turn if required and gives possible alternatives.

Course Name: *U-turns*

Content Name: *U-turns*

\*Available in Spanish

## DRIVER RETENTION

### DAN BAKER'S TIPS & IDEAS

#### Reducing Driver Turnover with Dan Baker

Length: 34:42

Dan Baker, one of trucking's senior statesmen, reviews ways to keep drivers on the road and reduce driver turnover in a time of a constantly changing workplace.

Section: *2020 Webinars*

Module: *Best Practices Webinars*

## RETENTION STRATEGIES

### Attracting and Retaining Female Drivers

Length: 48:59

Ellen Voie, President and CEO of the Women in Trucking Association shares research and best practices for hiring and keeping female drivers.

Section: Best Practices Webinars

Module: 2019 Webinars

### Modern Recruiting in a Driver Shortage

Length: 41:55

In this webinar, Jeremy Reymer, founder and CEO of DriverReach, goes over ways to create a better applicant experience, provide impactful human interactions from the very beginning, and utilize simple, modern technology to support your recruiting efforts.

Section: Best Practices Webinars

Module: 2019 Webinars

## DRIVER SKILLS BEST PRACTICES

### COLLISIONS, ROLLOVERS & JACKKNIFING

#### At the Scene of an Accident

Length: 9:07

Anytime a truck driver is involved in an accident, they must remember the chance of lawsuits is high. This video discusses the correct responses drivers should give and the behaviors drivers should exhibit around law enforcement and others while on the scene of an accident.

Section: Trucking Industry

Module: At the Scene of an Accident

\*Available in Spanish

#### Driver Factors

Length: 5:38

This video discusses driver factors that can cause rollovers including speeding, cell phone use, complacency, driver fatigue, and driving under the influence.

Section: Trucking Industry

Module: Cargo Tank Driver Rollover Prevention

#### Dry Van Rollover

Length: 5:48

This video discusses the causes and best practices for prevention of a rollover event. It discusses cargo securement, load limit, and correct driving habits that all help prevent rollovers.

Section: Trucking Industry

Module: Dry Van Rollovers

\*Available in Spanish

#### Dry Van Rollovers - No Touch

Length: 3:54

This video discusses the causes and best practices for prevention of a rollover event. It discusses cargo load shifting and correct driving habits that help drivers of no touch freight prevent rollovers.

Module Section: Trucking Industry

Module: Dry Van Rollovers

### Fixed Object Collisions - High Speed

Length: 6:36

This video discusses the common causes and solutions for fixed object collisions that occur at high speeds.

Section: Trucking Industry

Module: Fixed Object Collisions

\*Available in Spanish

### Fixed Object Collisions - Low Speed

Length: 7:33

This video discusses the common causes and solutions for fixed object collisions that occur at low speeds.

Section: Trucking Industry

Module: Fixed Object Collisions

\*Available in Spanish

### Highway Factors

Length: 4:26

Highway factors that can cause rollovers are discussed such as sharp curves, steep grades, soft shoulders, hard berms, mounds & curbs, narrow driveways and limited visibility areas. Even though the tractor takes the turn just fine, drivers may have to watch the trailer a little closer.

Section: Trucking Industry

Module: Cargo Tank Driver Rollover Prevention

### Jackknifing

Length: 4:45

To prevent a trailer from jackknifing, a professional truck driver must know the steps to follow when the brakes lock up and the trailer starts coming around. This video discusses both the physics behind jackknifing and trailer pull and prevention techniques to avoid jackknifing. Additionally, the video provides information about anti-lock braking systems (ABS).

Section: Trucking

Module: Jackknifing

\*Available in Spanish

### Load Effects

Length: 3:20

This video discusses how liquid payload contributes to rollovers, including how important the driver's movement and the load's shifts are when keeping the tank from rolling over. These movements include braking suddenly, returning to the road, moving too quickly, and shifting on a turn. Vehicle maintenance issues like brake performance, suspension damage, tire pressure, and load dynamics can also contribute to a rollover.

Section: Trucking Industry

Module: Cargo Tank Driver Rollover Prevention

### Vehicle Design

Length: 4:26

Most tanker truck rollovers occur on straightaways, as opposed to entrance or exit ramps. This video goes over the design and performance of cargo tank trailers and what causes rollovers to happen based on the center of gravity.

Section: Trucking Industry

Module: Cargo Tank Driver Rollover Prevention

## DEFENSIVE DRIVING

### 7 Essentials of Defensive Driving - Introduction

Length: 2:14

Any driver who understands proper defensive driving techniques should never have a chargeable accident. This video discusses a quick overview of the seven essentials of defensive driving.

Section: Trucking Industry

Module: Dean Huth – The Seven Essentials of Defensive Driving

### Defensive Driving - Passenger Vehicle

Length: 4:27

This video discusses general practices for driving defensively in a passenger vehicle.

Section: Trucking Industry

Module: Defensive Driving - Passenger Vehicle

\*Available in Spanish

### The Seven Essentials of Defensive Driving



Length: 11:31

This video lists seven essential defensive driving tips. It explains the importance of anticipating danger and carefully analyzing your surroundings to isolate any possible road hazards.

Package: Infnit-I Workforce Trucking

Course: Defensive Driving

### 7 Deadly Errors Cars Make Around Large Vehicles

Length: 5:39

One key way to improve your skills as a defensive driver is to be able to anticipate the mistakes other drivers will make around you. This video discusses the seven deadly errors small vehicles make around commercial motor vehicles (CMVs) and gives defensive driving tips for CMV drivers.

Section: Trucking Industry

Module: 7 Deadly Errors Cars Make Around Large Vehicles

\*Available in Spanish

### Approaching Intersections, Part 1

Length: 7:50

Traffic, road conditions, speeding, and weather can turn intersections into accident zones. This video discusses what the alert driver should be observing when approaching an intersection.

Section: Trucking Industry

Module: Approaching Intersections

### Approaching Intersections, Part 2

Length: 6:38

Traffic, road conditions, speeding, and weather can turn intersections into accident zones. This video discusses "move over" laws, hard braking events, and the most common type of accident that occurs at an intersection.

Section: Trucking Industry

Module: Approaching Intersections

### Intersections: Expect the Unexpected

Length: 4:57

Intersections are dangerous places. Drivers pass through many intersections each day and may not be as alert as they should be. As professionals, drivers are responsible for their own safety and the safety of others on the road. This video reviews how to safely negotiate intersections.

Section: Trucking Industry

Module: Intersections Expect the Unexpected

\*Available in Spanish

### Backing a Rig Safely

Length: 5:18

One of the most intricate and dangerous maneuvers a truck driver performs is backing a rig. This video discusses the proper steps a driver should follow when backing a rig in tight corners. It also stresses the importance of paying attention to surroundings while backing a commercial motor vehicle.

Section: Trucking Industry

Module: Backing a Rig Safely

\*Available in Spanish

### Get Out and Look (GOAL)



Length: 6:28

This video explains the importance of getting out of your vehicle to check your surroundings before backing up. It discusses the dangers of backing up, essential techniques for backing up, and the common training method, GOAL, or Get Out and Look.

Package: Infnit-I Workforce Trucking

Course: Get Out and Look (GOAL)

\*Available in Spanish

### Bridges and Overpasses

Length: 6:33

This video describes the potential hazards and dangers of bridges and overpasses to large commercial vehicles. Proper prevention techniques and reporting procedures are demonstrated in the video. Black ice is also discussed.

Section: Trucking Industry

Module: Bridges and Overpasses

\*Available in Spanish

### Changing Lanes for CMV Drivers

Length: 5:41

When a CMV driver attempts to make a lane change with inadequate surveillance, a preventable accident may happen. This video discusses the importance of executing a lane change correctly while demonstrating correct steps and discussing the most common errors made while changing lanes.

Section: Trucking Industry

Module: Changing Lanes

\*Available in Spanish

## Rapid Air Loss

Length: 8:55

Produced by Michelin, this video describes what a driver should do in the event of rapid air loss (blowout) of a steer or drive tire. The instruction includes details on compensating for side forces created by the blowout and maintaining control of the vehicle.

Section: Trucking Industry

Module: Rapid Air Loss

## Railroad Crossings for CMV Drivers

Length: 4:15

CMV drivers must understand the proper procedures for approaching and driving over railroad crossings to prevent collisions with trains. This video discusses the importance of observing railroad crossings while emphasizing the dangers of both ignoring railroad markings and of stopping on railroad tracks.

Section: Trucking Industry

Module: Railroad Crossings

\*Available in Spanish

## Tailgating

Length: 6:58

Defines the phenomenon known as Tailgating and the causes of the event; prepares drivers to expect this phenomenon; discusses prevention techniques and how to disengage from a tailgating car; discusses the importance of not tailgating cars ahead of the driver and appropriate following distances for certain conditions.

Section: Trucking Industry

Module: Tailgating

\*Available in Spanish

## Under Construction: Trucking in Work Zones – Pt 1

Length: 8:30

When driving through work zones, drivers should remember special caution is needed to avoid preventable accidents. This video discusses how road conditions, time of day, and lighting all contribute to unique problems that can cause accidents in work zones.

Section: Trucking Industry:

Module: Under Construction: Trucking in Work Zones

## Under Construction: Trucking in Work Zones – Pt 2

Length: 8:13

As drivers pass through potentially hazardous work zones, it is important they use caution to avoid preventable accidents. This video discusses the importance of maintaining proper speed, avoiding convoys, and expecting the unexpected.

Section: Trucking Industry:

Module: Under Construction: Trucking in Work Zones

## Unsafe Driving Acts of Motorists Around Large Trucks

Length: 17:49

This video discusses 23 unsafe driving acts commonly performed by motorists around large trucks.

Section: Trucking Industry

Module: Unsafe Driving Acts of Motorists in Vicinity of Large Trucks

## DISTRACTED DRIVING

### Distracted Driving - Animated Series – Part 1

Length: 2:40

This video defines distracted driving and discusses common, high-risk driving distractions such as eating, texting, drowsiness, and more. It also provides statistics surrounding accidents related to distracted driving.

Package: Infinit-I Workforce Trucking

Course: Distracted Driving

### Distracted Driving - Animated Series – Part 2

Length: 2:55

This video explains what steps you can take to avoid distraction while driving. It emphasizes the dangers of using handheld or hands-free devices, discusses the major causes of distracted driving, and offers statistics surrounding related accidents.

Package: Infinit-I Workforce Trucking

Course: Distracted Driving

### Distracted Driving: Family at Cemetery

Length: 1:21

This video emphasizes the dangers of distracted driving by narrating the tragic accident of a driver answering a call behind the wheel.

Package: Infinit-I Workforce Trucking

Course: Distracted Driving

### Distracted Driving: Grocery Cart Worker

Length: 1:18

This video emphasizes the dangers of distracted driving by narrating the tragic accident of a driver who was texting behind the wheel.

Package: Infinit-I Workforce Trucking

Course: Distracted Driving

\*Available in Spanish & French

### Distracted Driving Awareness – Hands-Free Device Allowed

Length: 5:40

This video explains the dangers of distracted driving. It discusses the implications of using cell phones and hands-free devices while driving and reminds drivers about relevant FMCSA violations.

Package: Infinit-I Workforce Trucking

Course: Distracted Driving

\*Available in Spanish

### Distracted Driving Awareness – No Device Allowed

Length: 5:43

This video explains the dangers of distracted driving. It discusses the regulations and laws surrounding cell phone use while driving and highlights how following a no-device rule can improve safety.

Package: Infinit-I Workforce Trucking

Course: Distracted Driving

\*Available in Spanish

## Distracted Driving Awareness - Social Media

NEW FOR 2023

Length: 4:39

This video explains the dangers of using social media while driving. It discusses potential damages for using social media behind the wheel and explores ways to resist the temptation.

Package: *Infiniti-I Workforce Trucking*

Course: *Distracted Driving*

## Road Rage for CMV Drivers

Length: 7:09

Learning how to handle aggressive drivers on the road as part of accident avoidance is important for the CMV driver. This video discusses the events that cause "road rage" and teaches drivers how to avoid conflict on the road by resetting both their focus and attitude.

Section: *Trucking Industry*

Module: *Road Rage*

\*Available in Spanish

## NIGHT DRIVING

### Driving in the Dark

Length: 7:25

This video discusses the many situations you can encounter while driving at night and how to properly respond to them.

Section: *Trucking Industry*

Module: *Night Driving*

\*Available in Spanish

### Fighting Fatigue

Length: 4:59

This video discusses how to properly fight nighttime fatigue while driving in the dark.

Section: *Trucking Industry*

Module: *Night Driving*

\*Available in Spanish

## Night Driving: General Information - Part 1

NEW FOR 2023

Length: 7:55

This video discusses safe practices for driving at night for CMV drivers. It explains the dangers of fatigue and the importance of taking care of your body and vehicle.

Package: *Infiniti-I Workforce Trucking*

Course: *Night Driving*

\*Available in Spanish

## Night Driving: General Information - Part 2

Length: 6:03

This video explains safe practices for driving at night for CMV drivers. It discusses nighttime obstacles such as wildlife and drunk drivers and emphasizes the importance of lights, speed, and following distance.

Package: *Infiniti-I Workforce Trucking*

Course: *Night Driving*

\*Available in Spanish

## Preparing for the Dark

Length: 6:01

This video discusses proper maintenance of your vehicle and your body specifically for nighttime driving.

Section: *Trucking Industry*

Module: *Night Driving*

\*Available in Spanish

## The Dangers of Night Driving

Length: 4:40

This video discusses the many dangers of driving during the night time hours.

Section: *Trucking Industry*

Module: *Night Driving*

\*Available in Spanish

## SPEED AND SPACE MANAGEMENT

### Speed and Space Management: Part 1 - Speed

UPDATED 2023

Length: 6:29

This video discusses the importance of managing your speed while driving. It explains speed limit regulations, safety precautions, and emphasizes how reducing your speed can save money and prolong your vehicle life.

Package: *Infiniti-I Workforce Trucking*

Course: *Speed and Space Management*

\*Available in Spanish

### Speed and Space Management: Part 2 - Space

Length: 5:09

This video discusses the importance of managing the space around your vehicle while driving. It explains the importance of monitoring your following distance as well as considering the space above, below, and to the sides of your CMV.

Package: *Infiniti-I Workforce Trucking*

Course: *Speed and Space Management*

\*Available in Spanish

### Speed and Space Management: Part 3 - Stopping Distance

Length: 5:05

This video explains the importance of managing your stopping distance. It defines perception and reaction time and discusses the components that make up your braking distance.

Package: *Infiniti-I Workforce Trucking*

Course: *Speed and Space Management*

\*Available in Spanish

### Speed and Space Management, Part 4: Rollovers & Sideswipes

Length: 4:50

Understanding how to correctly monitor speed and space management is a key to safe driving. This video discusses accident prevention tips to avoid rollovers and sideswipes.

Section: *Trucking Industry*

Module: *Speed and Space Management*

\*Available in Spanish

## Speed and Space Management, Part 5: Incident Avoidance

Length: 3:41

Understanding how to correctly monitor speed and space management is a key to safe driving. This video discusses accident prevention tips to avoid incidents involving intersection collisions, being rear-ended, skidding, and jackknifing.

Section: Trucking Industry

Module: Speed and Space Management

\*Available in Spanish

## DRUG & ALCOHOL TRAINING

### CBD and CDLs - Trucking

Length: 6:22

This video discusses the implications of using CBD as a CDL holder. It explains what CBD is and its legality regarding the Department of Transportation.

Package: Infiniti-I Workforce Trucking

Course: CBD and CDLs - Trucking

\*Available in Spanish

NEW FOR  
2023

### Drug and Alcohol Basics

Length: 8:25

This video will cover basic rules on alcohol and controlled substances, types of required tests, access to records, and the consequences for operating a CMV under the influence.

Package: Infiniti-I Workforce Trucking

Course: Drug and Alcohol Basics

### Marijuana Use

Length: 4:40

This video addresses the existing regulations CMV drivers are subject to despite more states legalizing both recreational and medicinal marijuana. It reminds drivers of the DOT's drug test procedures and no-tolerance policy.

Package: Infiniti-I Workforce Trucking

Course: Marijuana Use

\*Available in Spanish

NEW FOR  
2023

## REGULATORY OVERVIEW

### Drug and Alcohol Clearinghouse

Length: 6:36

Drivers affected by the Drug and Alcohol Clearinghouse include interstate and intrastate motor carriers, school bus drivers, construction equipment operators, limousine drivers, municipal vehicle drivers, and others subject to FMCSA drug and alcohol testing regulations. This video covers driver notification, queries, testing refusals, and fees for usage of the clearinghouse.

Section: Drug and Alcohol Clearinghouse

Module: Trucking Industry

\*Available in Spanish

### Drug and Alcohol Clearinghouse – How to Register for Drivers

Length: PDF

Drivers must complete the registration process before they can respond to employer consent requests or access their driver record in the FMCSA Commercial Driver's License Drug and Alcohol Clearinghouse. This PDF provides instructions for a driver who holds either a commercial driver's license (CDL) or commercial learner's permit (CLP) to register and create an account.

Section: Trucking Industry

Module: Drug and Alcohol Clearinghouse

### Drug and Alcohol Supervisor Training Section 1.1 Introduction to Drug and Alcohol Training

Length: 4:30

This video discusses the history of FMCSA mandated Drug and Alcohol Training and goes over some of the basic guidelines.

Package: Drug and Alcohol Supervisor Training

Course: Drug and Alcohol Supervisor Training Section 1.

Introduction to Drug and Alcohol Training

### Drug and Alcohol Supervisor Training Section 1.2 How to Use These Guidelines

Length: 2:40

This video explains how to use and interpret drug and alcohol policy in the CFR. It discusses how employers can implement programs beyond the regulatory minimum and maximize program effectiveness.

Package: Drug and Alcohol Supervisor Training

Course: Drug and Alcohol Supervisor Training Section 1.

Introduction to Drug and Alcohol Training

### Drug and Alcohol Supervisor Training Section 1.3 Other Resources

Length: 8:04

This video discusses additional material to supplement the CFR's guidelines on supervisory drug and alcohol policies. It also defines key terms like alcohol use, designated employer representative, consortium, and more.

Package: Drug and Alcohol Supervisor Training

Course: Drug and Alcohol Supervisor Training Section 1.

Introduction to Drug and Alcohol Training

### Drug and Alcohol Supervisor Training Section 2.1 Regulations - Requirements

Length: 8:13

This video explains the regulatory requirements for a controlled substance use and alcohol misuse program. It discusses where to find the regulations within the CFR for elements such as evaluations, recordkeeping, testing and more.

Package: Drug and Alcohol Supervisor Training

Course: Drug and Alcohol Supervisor Training Section 2. Regulations

## **Drug and Alcohol Supervisor Training Section 2.2 Regulations - Testing**

*Length: 7:55*

This video explains regulatory substance and alcohol testing procedures. It discusses the different types of testing required as well as the importance of local and state compliance.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 2. Regulations*

## **Drug and Alcohol Supervisor Training Section 2.3 Regulations - Failure to Comply**

*Length: 1:52*

This video explains the consequences of failing to comply with the FMCSA's drug and alcohol policy guidelines. It discusses civil and criminal penalties, highlighting the difference in violation assessments.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 2. Regulations*

## **Drug and Alcohol Supervisor Training Section 3.1 Regulations - Policy Development and Communication**

*Length: 4:09*

This video explains how to develop a written policy on controlled substance use and alcohol misuse in the workplace.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 3.*

*Policy Development and Communication*

## **Drug and Alcohol Supervisor Training Section 3.2 Regulations - Prohibited Behavior**

*Length: 2:52*

This video emphasizes the importance of outlining prohibited behaviors in a company's testing policy. It also discusses acceptable BAC levels and relevant consequences.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 3.*

*Policy Development and Communication*

## **Drug and Alcohol Supervisor Training Section 3.3 Regulations - Testing Procedures**

*Length: 3:40*

This video outlines proper testing procedures for controlled substances. It explains the different types of tests as well as relevant consequences.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 3.*

*Policy Development and Communication*

## **Drug and Alcohol Supervisor Training Section 3.4 Regulations - Policy Communication**

*Length: 7:36*

This video describes how a company should openly communicate with its employees about the testing policy. It explains different methods of communication and offers suggestions on effective implementation.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 3.*

*Policy Development and Communication*

## **Drug and Alcohol Supervisor Training Section 4.1 Education and Training - Overview**

*Length: 6:45*

This video explains the importance of educating employees about their company's controlled substance policies and testing programs. It also discusses what FMCSA regulations employers are subject to regarding EAPs.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 4.*

*Education and Training*

## **Drug and Alcohol Supervisor Training Section 4.2 Education and Training - Alcohol**

*Length: 11:57*

This video provides an overview on alcohol and its effects. It describes distinguishing characteristics of alcohol and explains blood alcohol concentration.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 4.*

*Education and Training*

## **Drug and Alcohol Supervisor Training Section 4.3 Education and Training - Cocaine**

*Length: 6:30*

This video provides an overview on cocaine and its effects. It describes distinguishing characteristics of cocaine and discusses common street names for the drug.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 4.*

*Education and Training*

## **Drug and Alcohol Supervisor Training Section 4.4 Education and Training - Amphetamines**

*Length: 6:01*

This video provides an overview on amphetamines and their effects. It discusses common street names, intake methods, and withdrawal symptoms.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 4.*

*Education and Training*

## **Drug and Alcohol Supervisor Training Section 4.5 Education and Training - Marijuana**

*Length: 8:06*

This video provides an overview on marijuana and its effects. It discusses common street names for the drug as well as its distinguishing characteristics.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 4.*

*Education and Training*

## **Drug and Alcohol Supervisor Training Section 4.6 Education and Training - Opiates**

*Length: 5:13*

This video provides an overview on opiates and their effects. It discusses the drug's distinguishing characteristics as well as common street names.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 4.*

*Education and Training*



## **Drug and Alcohol Supervisor Training Section 4.7 Education and Training - PCP**

*Length: 5:52*

This video provides an overview on PCP and its effects. It discusses the drug's distinguishing characteristics as well as common street names.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 4.*

*Education and Training*

## **Drug and Alcohol Supervisor Training Section 4.8 Education and Training - Semi-Synthetic Opioids**

*Length: 5:43*

This video provides an overview on semi-synthetic opioids and their effects. It also discusses the opioid drug testing procedures.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 4.*

*Education and Training*

## **Drug and Alcohol Supervisor Training Section 5.1 Types of Testing - Pre-Employment**

*Length: 4:49*

This video discusses the requirements for pre-employment controlled substance testing. It includes several examples of required testing, as well as information on exceptions.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 5.*

*Types of Testing*

## **Drug and Alcohol Supervisor Training Section 5.2 Types of Testing - Exception Recordkeeping**

*Length: 12:15*

This video explains recordkeeping regulations for exceptions to testing. It also discusses what information companies need from their driver's previous employers regarding substance testing.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 5.*

*Types of Testing*

## **Drug and Alcohol Supervisor Training Section 5.3 Types of Testing - Reasonable Suspicion**

*Length: 5:55*

This video explains the parameters of reasonable suspicion testing. It discusses what supervisors must witness to warrant a reasonable suspicion test as well as documentation procedures.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 5.*

*Types of Testing*

## **Drug and Alcohol Supervisor Training Section 5.4 Types of Testing - Post-Accident**

*Length: 7:58*

This video explains the requirements for post-accident testing. It discusses examples of post-accident testing scenarios and provides a short overview of the steps that should follow.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 5.*

*Types of Testing*

## **Drug and Alcohol Supervisor Training Section 5.5 Types of Testing - Random**

*Length: 16:55*

This video explains the requirements for random drug or alcohol testing. It discusses selection techniques, rates, pools, and time frames.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 5.*

*Types of Testing*

## **Drug and Alcohol Supervisor Training Section 5.6 Types of Testing - Return-to-Duty**

*Length: 1:48*

This video explains the requirements for return-to-duty testing. It discusses various scenarios that warrant a return-to-duty test and describes the purpose of it.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 5.*

*Types of Testing*

## **Drug and Alcohol Supervisor Training Section 5.7 Types of Testing - Follow-Up**

*Length: 1:15*

This video explains the requirements for follow-up testing. It discusses the frequency of these tests and the average time frame.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 5.*

*Types of Testing*

## **Drug and Alcohol Supervisor Training Section 5.8 Types of Testing - Proficiency**

*Length: 2:36*

This video explains the requirements for proficiency testing. It discusses the amount of blind specimens to be sent and the purpose of this testing.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 5.*

*Types of Testing*

## **Drug and Alcohol Supervisor Training Section 6.01 Controlled Substances - Introduction**

*Length: 2:58*

This video provides an overview for controlled substances testing procedures. It discusses the different types of substances that should be tested for and additional testing authority information.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

## **Drug and Alcohol Supervisor Training Section 6.02 Controlled Substances - Driver Checklist**

*Length: 5:06*

This video explains the driver specimen collection checklist. It also explains instructions for how the sample will be taken at the collection site.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.03 Controlled Substances - Collection Site Personnel**

*Length: 3:01*

This video discusses the rules and regulations required for the training and conduct of collection site personnel.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.04 Controlled Substances - Specimen Collection**

*Length: 2:49*

This video explains what a collection site is and regulations regarding specimen samples. It discusses different types of collection sites and explains how to determine if a sample has been diluted.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.05 Controlled Substances - Collection Supplies**

*Length: 3:04*

This video explains what supplies are necessary for a specimen collection. It discusses different types of collection devices and relevant recordkeeping procedures.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.06 Controlled Substances - Collection Process**

*Length: 11:55*

This video explains the key steps in the specimen collection process. It discusses the collection's role in a controlled substance testing program and laboratory responsibilities.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.07 Controlled Substances - Lab Test Requirements**

*Length: 3:45*

This video discusses the requirements for laboratory testing. It includes certified laboratory information as well as testing techniques.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.08 Controlled Substances - Medical Review Officer**

*Length: 5:43*

This video explains the requirements and functions of a medical review officer. It discusses specimen collection information as well as result notifications.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.09 Controlled Substances - Positive Test Results**

*Length: 1:40*

The video explains possible reasons for positive test results. It also discusses legitimate medical treatment options.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.10 Controlled Substances - Reporting Positive Results**

*Length: 3:01*

This video discusses the requirements an MRO must follow for reporting a verified positive test. It also explains the CCF and form information.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.11 Controlled Substances - MRO Discussions**

*Length: 2:40*

This video explains what information an MRO must discuss with a driver after test results are confirmed. It explains the verification process and further medical evaluation information.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 6.12 Controlled Substances - Collection Site Check**

*Length: 24:33*

This video provides a 23-step checklist for collection sites to follow. It discusses the responsibilities of the collection site, employer, and employee.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 6.*

*Controlled Substances Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.01 Alcohol - Introduction**

*Length: 2:31*

This video provides a brief overview of what should be included in an effective alcohol testing program. It explains when and how drivers should be tested and specifies what various BAC levels indicate.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol*

*Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.02 Alcohol - Evidential Breathing Test Device**

*Length: 3:16*

This video explains how evidential breath tests work and regulations surrounding this testing method. It also explains what should be in a manufacturer-developed quality assurance plan.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol*

*Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.03 Alcohol - Breath Alcohol Technician**

*Length: 1:49*

This video explains the role of a breath alcohol technician. It discusses how employers can designate a BAT and what training they should have.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.04 Alcohol - Alcohol Testing Site**

*Length: 3:55*

This video explains what constitutes an acceptable alcohol testing site. It discusses the importance of privacy and what steps to take if you anticipate needing alcohol testing services.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.05 Alcohol - Alcohol Testing Process**

*Length: 1:54*

This video further explains proper alcohol testing procedures with an emphasis on the importance of recordkeeping. It discusses what forms drivers must fill out as well as who should receive copies.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.06 Alcohol - EBT Screening Test**

*Length: 1:00*

This video describes the evidential breath test screening process and explains the role of a breath alcohol technician.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.07 Alcohol - ASD Screening Test**

*Length: 3:33*

This video describes the ASD screening test process and how it compares to EBT alcohol testing. It also discusses the role of the STT and their job functions.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.08 Alcohol - Confirmation Test**

*Length: 3:37*

This video explains what warrants a confirmation test and how they work. It discusses the role of the BAT in this process and how the EBT will be used.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.09 Alcohol - Reporting**

*Length: 1:49*

This video explains recordkeeping regulations for breath alcohol technicians. It emphasizes the importance of confidentiality and discusses the refusal of tests.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.10 Alcohol - Test Accuracy**

*Length: 1:39*

This video explains the parameters of what constitutes an accurate alcohol test. It emphasizes factors and scenarios that invalidate a test.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.11 Alcohol - Substance Abuse Professional**

*Length: 3:48*

This video discusses the role of a substance abuse professional and what an evaluation may consist of. It also explains when an employee should be seen by an SAP.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.12 Alcohol - Alcohol Related Conduct**

*Length: 2:52*

This video explains what is considered acceptable or unacceptable alcohol related conduct for professional drivers. It discusses BAC levels, testing procedures and consequences.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

### **Drug and Alcohol Supervisor Training Section 7.13 Alcohol - Dry Run of the Program**

*Length: 1:28*

This video describes a dry run period to test and start your actual testing program. This video explains how a dry run test works. It discusses how you can conduct a trial period of your testing program.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 7. Alcohol Testing Procedures*

## **Drug and Alcohol Supervisor Training Section 8.1 Employee Assistance - Overview**

*Length: 3:43*

This video discusses the various assistance programs, rehabilitation and treatment options for employees suffering from substance abuse. It also explains the role of a Substance Abuse Professional within the available EAPs.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 8. Employee Assistance Programs*

## **Drug and Alcohol Supervisor Training Section 8.2 Employee Assistance - EAPs**

*Length: 4:48*

This video explains what an employee assistance program, or EAP is. It covers internal and external EAPs and briefly covers what may be included in an EAP.

*Section: Drug & Alcohol*

*Module: Drug and Alcohol Training,*

*Sec. 8 Employee Assistance Programs*

## **Drug and Alcohol Supervisor Training Section 8.3 Employee Assistance - Rehabilitation and Treatment**

*Length: 4:43*

This video discusses the different types of rehabilitation and treatment options commonly available in Employee Assistance Programs. It covers inpatient and outpatient services and emphasizes the importance of weighing options to decide what program is best for your company.

*Section: Drug & Alcohol*

*Module: Drug and Alcohol Training,*

*Sec. 8 Employee Assistance Programs*

## **Drug and Alcohol Supervisor Training Section 9.1 Administration - Recordkeeping**

*Length: 2:19*

This video explains recordkeeping procedures for an alcohol and controlled substances testing program. It discusses administration records, test results, and regulations for consortiums.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 9.*

*Administration*

## **Drug and Alcohol Supervisor Training Section 9.2 Administration - Documentation**

*Length: 2:13*

This video explains the documentation requirements for recordkeeping or reporting. It discusses testing program details, information verification, and release forms.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 9.*

*Administration*

## **Drug and Alcohol Supervisor Training Section 9.3 Administration - Confidentiality**

*Length: 5:28*

This video discusses employee confidentiality regarding test results. It explains how release forms work and how records should be disclosed.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 9.*

*Administration*

## **Drug and Alcohol Supervisor Training Section 9.4 Administration - Testing Laboratory Procedures**

*Length: 8:33*

This video explains the mandatory testing procedures for a substance and alcohol testing program. It discusses sample collecting, documentation, and test results.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 9.*

*Administration*

## **Drug and Alcohol Supervisor Training Section 9.5 Administration - Calendar**

*Length: 2:16*

This video explains how to prepare and maintain an annual calendar year summary of a controlled substance testing program. It discusses how the FMCSA reviews calendar summaries and relevant consortium information.

*Package: Drug and Alcohol Supervisor Training*

*Course: Drug and Alcohol Supervisor Training Section 9.*

*Administration*

### **REASONABLE SUSPICION TRAINING**

#### **01. Reasonable Suspicion - Supervisor Training - Part 1**

*Length: 3:30*

In this video, Michael Rannigana, owner and operator of USA Mobile Drug Testing, discusses supervisor training requirements and general best practices regarding reasonable suspicion testing. This segment focuses on the key issues of creating and implementing a reasonable suspicion testing company policy.

*Package: Infnit-I Workforce Trucking*

*Course: Reasonable Suspicion*

#### **02. Reasonable Suspicion - Supervisor Training - Part 2**

*Length: 7:09*

In this video, Michael Rannigana, owner and operator of USA Mobile Drug Testing, discusses supervisor training requirements and general best practices regarding reasonable suspicion testing. This segment focuses on a drug-free workplace policy that emphasizes who, what, when, where and why supervisors should conduct reasonable suspicion testing.

*Package: Infnit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **03. Reasonable Suspicion - Supervisor Training - Part 3**

*Length: 9:36*

In this video, Michael Rannigana, owner and operator of USA Mobile Drug Testing, discusses supervisor training requirements and general best practices regarding reasonable suspicion testing. This segment focuses on the harmful effects of drugs and includes key statistics on national drug use and the rise of prescription medication addiction. It also explains how drug addiction is a brain disease and outlines the cost of drug and alcohol abuse.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **04. Reasonable Suspicion - Supervisor Training - Part 4**

*Length: 16:42*

In this video, Michael Rannigana, owner and operator of USA Mobile Drug Testing, discusses supervisor training requirements and general best practices regarding reasonable suspicion testing. This segment focuses on the abuse of prescription medications like pain relievers, tranquilizers, stimulants, and sedatives. Rannigana also discusses club drugs, inhalants, and synthetic marijuana.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **05. Reasonable Suspicion - Supervisor Training - Part 5**

*Length: 13:36*

In this video, Michael Rannigana, owner and operator of USA Mobile Drug Testing, discusses supervisor training requirements and general best practices regarding reasonable suspicion testing. This segment focuses on knowing when to test for alcohol use. It covers pre-employment testing, random testing, post-accident testing, and return to duty/follow-up testing.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **06. Reasonable Suspicion - Supervisor Training - Part 6**

*Length: 15:10*

In this video, Michael Rannigana, owner and operator of USA Mobile Drug Testing, discusses supervisor training requirements and general best practices regarding reasonable suspicion testing. This segment explains what establishes cause for reasonable suspicion. It discusses immediate action issues like safety risks, and non-immediate action issues like attendance and tardiness.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **07. Reasonable Suspicion - Supervisor Training - Part 7**

*Length: 6:30*

In this video, Michael Rannigana, owner and operator of USA Mobile Drug Testing, discusses supervisor training requirements and general best practices regarding reasonable suspicion testing. This segment focuses on understanding and following your company policy. It reiterates the importance of knowing when to test and keeping everything confidential.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **08. Reasonable Suspicion - Minimum Annual Testing Rate**

*Length: 1:28*

This video discusses the minimum annual controlled substances testing rate for CDL drivers. It compares the old standard to the new rate as published by the FMSCA.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **09. Reasonable Suspicion - What Exactly am I Supposed to Do?**

*Length: 8:31*

This video discusses what you should and should not do if you have reasonable suspicion to test an employee for controlled substances. It also explains the DOT supervisor's guide on what reasonable suspicion tests should be determined by.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **10. Reasonable Suspicion - How Do I Tell Them?**

*Length: 4:58*

This video explains how to approach an employee about referring them for a reasonable suspicion substance test. It discusses how to talk to them during this situation, as well as the importance of giving the employee a chance to explain their symptoms.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **11. Reasonable Suspicion - What Decision Would You Make - 1**

*Length: 6:34*

This video provides example scenarios of how to proceed with a reasonable suspicion test with reluctant employees. It explains the significance of supervisor discretion and their ability to listen to and observe employee behavior.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **12. Reasonable Suspicion - What Decision Would You Make - 2**

*Length: 7:42*

This video provides an example scenario of how to proceed with a reasonable suspicion test with defiant employees. The example emphasizes the importance of recognizing safety critical roles and preventing impaired employees from continuing work.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

### **13. Reasonable Suspicion - What Decision Would You Make - 3**

*Length: 3:09*

This video provides an example scenario of how to manage employees who refuse to take a reasonable suspicion test. It emphasizes how to remain compliant with company policy despite employee emotional appeal.

*Package: Infinit-I Workforce Trucking*

*Course: Reasonable Suspicion*

## 14. Reasonable Suspicion - What Decision Would You Make - 4

Length: 3:58

This video explains how it is the duty of the supervisor who observes an employee's suspicious behavior to refer them for a reasonable suspicion test. The provided example explains it is wrongful for the observing supervisor to have a different supervisor, who did not observe any suspicious signs, refer an employee for a test.

Package: *Infiniti-I Workforce Trucking*  
Course: *Reasonable Suspicion*

## 15. Reasonable Suspicion - Supervisor Liability

Length: 5:37

This video explains how a supervisor can become an enabler by making exceptions about referring employees for a reasonable suspicion test. It emphasizes how the company is liable for an employee's actions while they're on duty, and that letting substance abuse slide can lead to financial, moral, and criminal liability.

Package: *Infiniti-I Workforce Trucking*  
Course: *Reasonable Suspicion*

## 16. Reasonable Suspicion - Review

Length: 11:13

This video discusses the five federal reasons for drug testing employees. It outlines the common symptoms to observe for various drugs as well as emphasizes the importance of staying focused while facing employee denial.

Package: *Infiniti-I Workforce Trucking*  
Course: *Reasonable Suspicion*

# ENTRY LEVEL DRIVER TRAINING REQUIREMENTS

## ENTRY LEVEL DRIVER TRAINING REQUIREMENTS

### Basic Control

Length: 9:02

This video demonstrates basic control techniques for a commercial motor vehicle. It details accelerating, steering, stopping, backing, turns, entering and exiting roadways, and handling your vehicle.

Course Name: *Entry Level Driver Training - Trucking*  
Content Name: *Basic Control*

\*Available in Spanish



### General Orientation

Length: 10:02

This video covers general orientation guidelines including such topics as safe driving, operating within the confines of state and federal law, and following FMCSA regulations.

Course Name: *Entry Level Driver Training - Trucking*  
Content Name: *General Orientation*

## General Qualifications

Type: *PDF Document*

This document covers qualifications to drive a CMV.

Section: *Entry Level Driver Training Requirements*  
Module: *General Qualifications*

## Responsibilities of Drivers

Type: *PDF Document*

This document covers driver responsibilities in regards to cargo.

Section: *Entry Level Driver Training Requirements*  
Module: *Responsibilities of Drivers*

## Disqualification of Drivers

Type: *PDF Document*

This document covers ways a CDL is suspended and penalties drivers may receive.

Section: *Entry Level Driver Training Requirements*  
Module: *Disqualification of Drivers*

## Physical Qualifications for Drivers

Type: *PDF Document*

This document covers physical qualifications for drivers and what conditions require a medical certification.

Section: *Entry Level Driver Training Requirements*  
Module: *Physical Qualifications for Drivers*

## Persons Who Must be Medically Examined & Certified

Type: *PDF Document*

This document covers the conditions that require a medical exam.

Section: *Entry Level Driver Training Requirements*  
Module: *Persons Who Must Be Medically Examined and Certified*

## Resolution of Conflicts of Medical Evaluation

Type: *PDF Document*

This document covers what standards must be met before applications claiming conflict of medical examination can be accepted.

Section: *Entry Level Driver Training Requirements*  
Module: *Resolution of Medical Evaluation Conflicts*

## Alternative Physical Qualification

Type: *PDF Document*

This document covers an alternate certificate a driver may apply for if they have missing or impaired limbs.

Section: *Entry Level Driver Training Requirements*  
Module: *Alternative Physical Qualification*

## Rest Stop Routines

Length: 13:05

This video reviews causes and cures for driving induced muscle stiffness and easy on-the-road exercises that do not require special equipment.

Section: *Entry Level Driver Training Requirements*  
Module: *Driver Wellness*

\*Available in Spanish

## Sleep Apnea and the Professional Driver

Length: 8:30

Produced by Novartis Pharmaceuticals in conjunction with Precision Pulmonary Diagnostics, this informative video discusses the signs, symptoms, and serious health consequences of sleep apnea.

Section: Entry Level Driver Training Requirements

Module: Driver Wellness

## Trucking Professionals - Health and Wellness



Length: 7:39

This video describes and encourages various practices to promote a healthy lifestyle for professional truck drivers. It explains the importance of diet, exercise, sleep, and stress management. It also emphasizes the dangers of alcohol and smoking.

Package: Infinit-I Workforce Trucking

\*Available in Spanish

## Whistleblower Protection

Length: 7:15

This video discusses whistleblower rights, the whistleblower laws enforced by OSHA, unfavorable personnel actions, filing a complaint, how OSHA determines retaliation has taken place, limited protection for employees who refuse to work, and whistleblower protections.

Section: Entry Level Driver Training Requirements

Module: Whistleblower Protection

## FSMA: SANITARY TRANSPORTATION RULE

### FSMA FDA APPROVED TRAINING

#### Cross-Contamination

Length: 9:20

This video defines cross-contamination, discusses some of the ways it can happen, and instructs on ways to prevent it.

Section: Trucking Industry

Module: Food Safety Modernization Act:

#### Sanitary Transportation Rule

Length: 11:37

This video discusses the Sanitary Transportation Rule, who it applies to, and many of its critical elements.

Section: Trucking Industry

Module: Food Safety Modernization Act

#### Temperature Control

Length: 9:51

This video discusses the types of food requiring temperature control and how to prevent temperature abuse.

Section: Trucking Industry

Module: Food Safety Modernization Act

#### Types of Contamination

Length: 8:38

This video discusses some types and sources of contamination.

Section: Trucking Industry

Module: Food Safety Modernization Act

## FOOD SAFETY INVESTIGATIONS

### Food Safety Investigation

Length: 7:02

This video discusses conditions that could pose a threat to food safety and actions to take if threats are encountered.

Section: Trucking Industry

Module: Food Safety Investigation

### FSMA RULE OVERVIEW

#### FSMA Imports

Length: 4:39

This video discusses the effect of the Food Safety Modernization Act on food imports and why the changes are necessary.

Section: Trucking Industry

Module: FSMA Imports

#### FSMA Inspections & Compliance

Length: 3:52

This video discusses the inspection and compliance criteria established by the FSMA.

Section: Trucking Industry

Module: FSMA Inspections & Compliance

#### FSMA Intro & Overview Part 1

Length: 9:40

This video discusses the Food Safety Modernization Act (FSMA), providing an overview of prevention standards. It discusses standards for inspections, compliance, and response.

Section: Trucking Industry

Module: FSMA Intro & Overview

#### FSMA Intro & Overview Part 2

Length: 6:34

This video details the overview of import safety, the vital nature of partnership, the approach to implementation, and several of the challenges involved in the FSMA.

Section: Trucking Industry

Module: FSMA Intro & Overview

#### FSMA Preventative Controls

Length: 4:21

This video discusses the preventative controls being created by the FSMA and how they can benefit consumers and the industry.

Section: Trucking Industry

Module: FSMA Preventative Controls

### SPOTTED LANTERNFLY

#### Spotted Lanternfly

Length: 6:24

This video discusses the threat spotted lanternfly impose on crops and industries working within the quarantine zones, as well as the proper procedure for obtaining permits to work within the quarantined zones.

Section: Trucking Industry

Module: Spotted Lanternfly

\*Available in Spanish

## FUEL EFFICIENCY

### FUEL EFFICIENCY

#### 1. Fuel Efficiency - Why Be Fuel Efficient?



Length: 2:55

This video introduces the Fuel Efficiency Series. It explains why it's important to be fuel-efficient and how it benefits drivers, companies, and the planet. It also covers which topics will be discussed throughout the series.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

#### 2. Fuel Efficiency - Maintenance & Inspections

Length: 3:56

This video discusses the importance of regular vehicle maintenance and pre/post-trip inspections regarding fuel efficiency. It emphasizes how different types of oil, tires, and aerodynamic drag can affect your fuel consumption.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

#### 3. Fuel Efficiency - Tires

Length: 5:46

This video emphasizes the impact tires have on your fuel efficiency. It discusses the importance of regular alignment, rotating, and balancing, as well as the significance of tread depth and proper inflation.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

#### 4. Fuel Efficiency - Route Planning & Management

Length: 5:14

This video discusses how route planning can improve your fuel efficiency by knowing where you plan to stop and avoiding out-of-route miles. It also touches on how turning right can save more fuel than turning left.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

#### 5. Fuel Efficiency - Weight Management

Length: 5:38

This video explains how important vehicle weight management is for improving fuel efficiency. It discusses alternative options for lightweight vehicle components and the importance of properly distributing your load across your trailer.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

#### 6. Fuel Efficiency - Speed Factors

Length: 5:32

This video discusses the relationship between speed and fuel consumption. It emphasizes how driving a little slower can dramatically improve your fuel efficiency. It also discusses the advantages of coasting and keeping a consistent speed by using cruise control.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

#### 7. Fuel Efficiency - Progressive Shifting

Length: 6:29

This video explains how learning progressive shifting can improve your fuel efficiency. It discusses the relationship between RPM and torque, as well as emphasizes the technique is one to be mastered over time.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

#### 8. Fuel Efficiency - Idling

Length: 4:37

This video explains how idling your vehicle wastes an enormous amount of fuel. It discusses the consequences of idling, alternatives to idling, and how idling less drastically improves your fuel efficiency.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

#### 9. Fuel Efficiency - Return on Investment

Length: 3:30

This video discusses the return on investment of being fuel efficient. It reiterates the topics discussed throughout the fuel efficiency series and details how implementing these techniques can save you fuel and money.

Package: *Infiniti-I Workforce Trucking*  
Course: *Fuel Efficiency*

## HAZMAT TRAINING

### HAZARDOUS MATERIALS TRAINING

#### Hazardous Materials: Initial and Recurrent Training - Blocking and Bracing

Length: 4:19

This video discusses the ins and outs of blocking and bracing a load. It details the costs of not blocking correctly and discusses responsibility as well as several types of restraints that can be used.

Package: *Infiniti-I Workforce - Hazardous Materials Training*  
Course: *Hazardous Materials: 90 Day/Recurrent Training*  
\*Available in Spanish

#### Hazardous Materials: Initial and Recurrent Training - Emergency Response Guide - Part 1

Length: 7:18

This video discusses the basics of how to use the Emergency Response Guide and some of the differences between the 2012 and 2016 versions.

Package: *Infiniti-I Workforce - Hazardous Materials Training*  
Course: *Hazardous Materials: 90 Day/Recurrent Training*  
\*Available in Spanish

#### Hazardous Materials: Initial and Recurrent Training - Emergency Response Guide - Part 2

Length: 10:16

This video discusses in further depth how to use the different sections in the Emergency Response Guide. It details using the different sections for different situations.

Package: *Infiniti-I Workforce - Hazardous Materials Training*  
Course: *Hazardous Materials: 90 Day/Recurrent Training*



### **Hazardous Materials: Initial and Recurrent Training - Emergency Response Guide - Part 3**

*Length: 14:55*

This video discusses several examples of how to use the emergency response guide correctly.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

*\*Available in Spanish*

### **Hazardous Materials: Initial and Recurrent Training - General Awareness - Part 1**

*Length: 8:06*

This video discusses the overview, purpose, and regulation of Hazmat general awareness. It details pre-transportation functions, transportation functions, training requirements, and record keeping.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

### **Hazardous Materials: Initial and Recurrent Training - General Awareness - Part 2**

*Length: 10:43*

This video discusses hazard classifications and the SDS. It details composition, firefighting measures, chemical properties, and toxicological information in relation to the SDS.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

### **Hazardous Materials: Initial and Recurrent Training - General Awareness - Part 3**

*Length: 8:31*

This video discusses the Hazardous Materials Table in depth. It also details how to recognize hazardous materials and the penalties for hazardous materials violations.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

### **Hazardous Materials: Initial and Recurrent Training - Labeling**

*Length: 7:12*

This video discusses the labeling requirements for the transportation of hazardous materials. Multiple examples are discussed in this video.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

*\*Available in Spanish*

### **Hazardous Materials: Initial and Recurrent Training - Marking**

*Length: 9:52*

This video discusses the various package markings required for hazardous materials transport. Several examples are used to detail different situations.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

*\*Available in Spanish*

### **Hazardous Materials: Initial and Recurrent Training - Packaging**

*Length: 10:30*

This video discusses the DOT requirements for packaging hazardous materials.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

*\*Available in Spanish*

### **Hazardous Materials: Initial and Recurrent Training - Placarding**

*Length: 6:49*

This video discusses the proper placarding for hazardous material transport. Several examples are discussed and placarding Table 1 and Table 2 are highlighted.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

*\*Available in Spanish*

### **Hazardous Materials: Initial and Recurrent Training - Shipping Papers - Part 1**

*Length: 5:36*

This video discusses how to properly fill out shipping papers when transporting hazardous materials. It also highlights listing Hazardous Substances on shipping papers.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

*\*Available in Spanish*

### **Hazardous Materials: Initial and Recurrent Training - Shipping Papers - Part 2**

*Length: 7:33*

This video continues to discuss how to properly fill out shipping papers when transporting hazardous materials. It highlights marine pollutants, emergency numbers and response information, and certification.

*Package: Infinit-I Workforce - Hazardous Materials Training*

*Course: Hazardous Materials: 90 Day/Recurrent Training*

*\*Available in Spanish*

## **HAZMAT MOTOR CARRIER SECURITY ACTION ITEM TRAINING**

### **Introduction**

*Length: 2:00*

Introduction into why this training is important for all trucks traveling on highways, including awareness of potential threats and how working together can help prevent security threats.

*Section: Trucking Industry*

*Module: Hazmat Motor Carrier Security Action Item Training*

### **The Plan**

*Length: 5:40*

Discusses the security plan your company prepares for specific security measures you are required to follow to keep your load or truck from being tampered with.

*Section: Trucking Industry*

*Module: Hazmat Motor Carrier Security Action Item Training*

## The Team

Length: 3:14

Discusses the 4 categories in a security plan and how departments work together to prevent security breaches.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

## En-Route Security

Length: 3:12

This video goes over important elements of the security plan and explains what checking for ticks means.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

## Communications

Length: 2:56

Discusses importance of all departments communicating together to properly implement a security plan.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

## Pre-Planning

Length: 3:21

This video goes over planning your route, stops, and hours, being prepared for delays, and your security plan.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

## Up to You

Length: 2:12

This video goes over how the plan is only as good as the driver that put it into practice, so in other words the security plan of your company is up to the driver.

Section: Trucking Industry

Module: Hazmat Motor Carrier Security Action Item Training

## GHS TRAINING

### Part 1: Introduction

Length: 2:39

Introduction to the new unified, worldwide system of hazard communication called the Global Harmonization System (GHS).

Section: Trucking Industry

Module: GHS

### Part 2: Hazard Categories

Length: 5:19

Discusses the three categories of hazards: physical, health, and environmental, plus other hazards not classified under GHS.

Section: Trucking Industry

Module: GHS

### Part 3: Labels

Length: 5:09

Discusses new labeling changes with GHS. Shows sample of label and discusses the components of the label. Product Identifier, Supplier Identification, Precautionary Statements, Hazard Pictograms, Hazard Statements, Signal Words and Supplemental Information.

Section: Trucking Industry

Module: GHS

## Part 4: Pictograms

Length: 4:12

Discusses each of the 9 pictograms utilized by the GHS system.

Section: Trucking Industry

Module: GHS

## Part 5: SDS

Length: 3:06

Discusses the Safety Data Sheet (SDS) replacing the Material Safety Data Sheet (MSDS), including the 16 standard headings.

Section: Trucking Industry

Module: GHS

## DOT MEDICAL EXAMS

### DOT Medical Forms Update - Part 1

Length: 9:40

Lawrence Earl, M.D., discusses the Medical Examination Report Form and the changes from the previous version.

Section: Trucking Industry

Module: DOT Medical Forms Update - April 2016

### DOT Medical Forms Update - Part 2

Length: 11:49

Lawrence Earl, M.D., continues discussing the Medical Examination Report Form and changes from prior forms.

Section: Trucking Industry

Module: DOT Medical Forms Update - April 2016

### DOT CMV Medical Examination Requirements Checklist

Length: 4:08

This video discusses specific requirements of a DOT CMV medical exam.

Section: Trucking Industry

Module: Federal DOT CMV Medical Examination Requirements Checklist

## FATIGUE MANAGEMENT

### Fatigue Management – Part 1: What You Need to Know

Length: 4:39

Getting proper rest is crucial to safety on the road. Part one of this training module covers the importance of sleep, details about having a sleep schedule, how health issues can affect fatigue levels, and the reality of what “short-term fixes” can really do for you.

Section: Trucking Industry

Module: Fatigue Management

\*Available in Spanish

### Fatigue Management – Part 2: Preventing Fatigued Driving

Length: 4:43

Learn the specific symptoms of fatigue and sleep disorders and the best methods of staving off fatigue while working on the road.

Section: Trucking Industry

Module: Fatigue Management

\*Available in Spanish

## Sleep Apnea

Length: 8:30

Produced by Novartis Pharmaceuticals in conjunction with Precision Pulmonary Diagnostics, this video discusses the signs, symptoms and consequences of sleep apnea.

Section: Trucking Industry

Module: Sleep Apnea

## Sleep Apnea and the Professional Driver

Length: 8:30

Produced by Novartis Pharmaceuticals in conjunction with Precision Pulmonary Diagnostics, this informative video discusses the signs, symptoms, and serious health consequences of sleep apnea.

Section: Entry Level Driver Training Requirements

Module: Driver Wellness

## HEALTHY TRUCKERS

### H1N1 Virus Prevention

Length: 3:33

Learn effective preventative and disinfectant measures to take in dealing with the dangerous H1N1, or Swine Flu Virus.

Section: Trucking Industry

Module: H1N1 Virus Prevention – Truck

### Trucking Professionals Nutrition and Health

Length: 14:12

Explains the consequences of living an unhealthy lifestyle.

Section: Trucking Industry

Module: Trucking Professionals Nutrition and Health

### Rest Stop Routines

Length: 13:05

This video reviews causes and cures for driving induced muscle stiffness and easy-to-do on the road exercises that do not require any type of special equipment.

Section: Trucking Industry

Module: Rest Stop Routines

\*Available in Spanish

## FIRST AID TRAINING

### Bleeding

Length: 3:12

This video begins with the basic first aid kit and what the contents should include. Minor mishaps like cuts and scrapes are common causes of bleeding; how to treat all types of bleeding, including severe bleeding situations that require the use of a tourniquet and how to apply dressings and monitor severe bleeding.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

### CPR

Length: 6:31

Timely application of cardiopulmonary resuscitation (CPR) has been credited with saving lives. This video reviews standard CPR techniques that every employee should be aware of for saving lives at work and at home.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

## Heart Attack

Length: 2:00

This video covers heart attack symptoms, how to react, and how to potentially save a heart attack victim.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

## Near Drowning

Length: 2:55

This video discusses the dynamics of near drowning and how to rescue a person from water and administer emergency actions.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

## Poison & Overdose

Length: 1:52

This video discusses poison and overdose symptoms, countermeasures that should be followed for specific episodes, and care and treatment for suspected victims.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

## Shock

Length: 3:00

This is an overview of emergency first aid, Good Samaritan laws, and the causes, symptoms and treatment for shock victims.

Section: Warehouse, Distribution, & Maintenance

Module: Emergency First Aid

## INSPECTIONS

### Exterior Power Unit and Trailer Inspection



Length: 8:37

This video discusses the importance and proper procedure for inspecting the exterior power unit and trailer before transit. It demonstrates this portion of the Pretrip inspection.

Package: Infnit-I Workforce Trucking

Course: Pretrip

### External Communication



Length: 10:01

This video will discuss the roadside vehicle inspection process, what to expect during this process, techniques for communicating with enforcement officials, and the impact of violating federal and state regulations on driver and motor carrier records.

Package: Infnit-I Workforce Trucking

Course: External Communication

\*Available in Spanish

## ROADSIDE INSPECTIONS

### Roadside Inspection – Initial Stop and Contact

Length: 6:18

This video discusses proper conduct for a roadside inspection while touching on the types of materials a driver will need ready, including ELD information.

Section: Trucking Industry

Module: Roadside Inspection – Initial Stop and Contact

## PRE-TRIP INSPECTIONS

### Tanker: Pre-trip Inspection – Part 1

Length: 9:38

This video details pre-trip inspection rules and regulations by walking through the under the hood and in the cab portions of a pre-trip inspection.

Section: Trucking Industry

Module: Tanker: Pre-Trip Inspection

### Tanker: Pre-trip Inspection – Part 2

Length: 12:15

This video details the items to inspect during the walk around portion of a pre-trip inspection.

Section: Trucking Industry

Module: Tanker: Pre-Trip Inspection

### Cabin Interior – Pretrip Checklist

Length: 7:44

This video goes through the FMCSA checklist for a CMV cabin interior pre-trip inspection. It provides a rundown of what to look for in the cabin as well as brief instructions on how to properly check said elements.

Package: Infiniti-I Workforce Trucking

Course: Pretrip

\*Available in Spanish

### Pretrip Approach and Maintenance

Length: 10:45

This video will focus on the first portion of a pre-trip inspection, approach, and maintenance. First, we'll discuss the importance of this type of inspection. Then we'll cover the approach and under the hood and engine compartment section. We'll also cover which includes reviewing the Vehicle Inspection Report.

Package: Infiniti-I Workforce Trucking

Course: Drug and Alcohol Basics

### Pre-Trip Component Inspection

Length: 6:04

Conducting a pre-trip inspection is an integral part of every trip for a truck driver. This video discusses how to do a multi-point inspection of the tractor, hood-to-rear axle.

Section: Trucking Industry

Module: Pre-trip Component Inspection

\*Available in Spanish

### Wheel End Component Inspection

Length: 11:31

This video discusses what to check for during a wheel-end inspection. It includes an overview of the general components, an inspection checklist and techniques, signs of notable wheel-end problems, and touches on the risk of a wheel-end fire.

Package: Infiniti-I Workforce Trucking

Course: Wheel-End Component Inspection

\*Available in Spanish

## LAWS & LITIGATION ISSUES

### 5 DEADLY SINS IN TRUCKING

#### Dean – Overview

Length: 8:26

This video reviews the “Five Deadly Sins” that can lead to lawsuits and punitive damages awards.

Section: Trucking Industry

Module: Dean - Overview

#### Dean – Driver Negligence

Length: 10:38

Most trucking accidents involve other vehicles. A transport company must be able to prove they have properly trained their drivers and be able to produce HOS, training, maintenance and discipline records.

Section: Trucking Industry

Module: Dean - Driver Negligence

#### Dean - Functionally Asleep

Length: 6:55

A driver is considered functionally asleep if their log books don't indicate the proper rest, if their cell phone records indicate activity or if their debit or credit records indicate they were not in the sleeper berth during the required rest period.

Section: Trucking Industry

Module: Dean - Functionally Asleep

#### Dean – Last Clear Chance

Length: 8:17

This video explains how courts are holding drivers accountable if the driver fails to see the dangerous activity of another driver, but should have been able to see and respond to it.

Section: Trucking Industry

Module: Dean - Last Clear Chance

#### Dean – Negligent Hiring

Length: 10:42

This video explains the dangers of not performing background checks and verifications.

Section: Trucking Industry

Module: Dean - Negligent Hiring

## Dean – Negligent Retention

Length: 10:13

The video highlights the importance of following written company policies and procedures and the importance of creating and executing a preventative maintenance plan.

Section: Trucking Industry

Module: Dean - Negligent Retention

### AT THE SCENE OF AN ACCIDENT

## Be Concerned About Litigation

Length: 9:50

Attorney Mike Bassett discusses why all carriers, safety directors, and drivers should be concerned about the possibility of litigation after an accident. This video features advice to help you mitigate your risk before an accident ever happens.

Section: Trucking Industry

Module: Accidents Happen Webinar

## Trucking Companies Are Targets

Length: 5:00

Attorney Mike Bassett warns some law firms target trucking companies for lawsuits. He also explains how these attorney's commercials can expose potential jurors to preconceived ideas about the industry.

Section: Trucking Industry

Module: Accidents Happen Webinar

## Do What You Say You'll Do

Length: 11:20

Attorney Mike Bassett discusses how damaging it can be for a trucking company to not follow its own rules. He highlights how juries pay close attention to if companies actually do what they say in terms of driver qualification, acting on red flags, document retention, and consistent treatment of situations.

Section: Trucking Industry

Module: Accidents Happen Webinar

## Responding to the Catastrophic Accident

Length: 5:50

Attorney Mike Bassett explains why companies should have standardized procedures in place for drivers to follow after a catastrophic accident, including who to notify and next steps.

Section: Trucking Industry

Module: Accidents Happen Webinar

## What to Gather at the Scene

Length: 4:30

Attorney Mike Bassett discusses the nine critical things to gather at the time of an accident, including what happens if you are not proactive in collecting them.

Section: Trucking Industry

Module: Accidents Happen Webinar

## The Care of Your Driver

Length: 8:00

Attorney Mike Bassett explains how to prepare your drivers to be positive members of your defense team. He highlights the impact of having a driver or driver statement go before a jury.

Section: Trucking Industry

Module: Accidents Happen Webinar

## Questions

Length: 8:00

Attorney Mike Bassett answers questions from webinar attendees on topics including: verifying applicant's' previous employment, hands-free devices while driving, the use of on-board cameras, and documentation at the accident scene.

Section: Trucking Industry

Module: Accidents Happen Webinar

## Accidents Happen

Length: 1:04:24

Attorney Mike Bassett shares how before an accident happens, your company needs a plan in place to ensure everyone knows the appropriate responses to make on the scene and throughout the investigation. (This webinar is also available to be viewed in shorter segments).

Section: Best Practices Webinars

Module: 2016 Webinars

### ELD MANDATE & COERCION

## Electronic Logging Device Mandate - 2016

Length: 8:49

This video discusses the ELD Mandate, important information for carriers and drivers regarding the rule, and the dates for the implementation timeline.

Section: Trucking Industry

Module: Electronic Logging Device Mandate - 2016

## FMCSA Coercion Drivers

Length: 5:56

The Coercion Rule explicitly prohibits motor carriers, shippers, receivers and transportation intermediaries from coercing drivers to operate in violation of certain FMCSA regulations. This video discusses the Coercion Rule and how it applies to drivers.

Section: Trucking Industry

Module: FMCSA Coercion

\*Available in Spanish

## FMCSA Coercion Supervisors

Length: 6:14

The Coercion Rule explicitly prohibits motor carriers, shippers, receivers and transportation intermediaries from coercing drivers to operate in violation of certain FMCSA regulations. This video discusses the Coercion Rule and why it is important for personnel who interact with drivers to cautiously choose their language.

Section: Trucking Industry

Module: FMCSA Coercion

\*Available in Spanish

### INTERMODAL EQUIPMENT PROVIDER RULES

## IEP Rule 1

Length: 3:04

Defines Intermodal Equipment Provider Rule (IEP). Explains industry responsibilities under the new intermodal equipment provider rule. Facilitates compliance and improve vehicle safety through better understanding of these requirements. Explains how FMCSA will enforce the IEP rule.

Section: Trucking Industry

Module: Intermodal Equipment Provider Rules

## IEP Rule 2

Length: 5:28

Defines interchange, intermodal equipment, and intermodal equipment interchange account. Goes over requirements for marking IMEs.

Section: Trucking Industry

Module: Intermodal Equipment Provider Rules

## IEP Rule 3

Length: 3:18

All IEPs must establish an IRM program. Required inspection, repair, and maintenance program elements include: performing regular IME inspections, repairing the problems you find, maintaining IME between inspections, creating a recordkeeping system for the program.

Section: Trucking Industry

Module: Intermodal Equipment Provider Rules

## IEP Rule 4

Length: 7:43

Goes over developing procedures and providing sufficient space for drivers to perform a pre-trip inspection of tendered IME. Developing and implementing procedures to repair any equipment damage, defects, or deficiencies or replacing the equipment prior to the driver's departure. Refrain from placing imminently hazardous IME in service.

Section: Trucking Industry

Module: Intermodal Equipment Provider Rules

## PREPARING YOUR COMPANY FOR LITIGATION

### Trucking Defense 2.0

Length: 51:17

Learn what to consider when drafting company safety policies, best practices in responding to accidents that happen, and how your safety program can help or hinder you during litigation.

Section: Best Practice Webinars

Module: 2017 Webinars

## MAINTENANCE

### Identification and Diagnosis of Malfunctions

Length: 12:05

This video covers the concepts of maintenance, diagnosing malfunctions, and the legal requirements for a roadworthy vehicle.

Package: Infit-I Workforce Trucking

Course: Identification and Diagnosis of Malfunctions

### Maintenance

Length: 7:33

This video provides guidance on performing preventative maintenance as well as basic servicing and checking procedures for various engine and vehicle components. It also discusses common simple repairs drivers should be equipped to handle.

Package: Infit-I Workforce Trucking

Course: Maintenance

## BRAKE SAFETY

### Anti-lock Braking Systems – How ABS Works

Length: 6:36

This video explains what anti-lock brakes are and how they work. It also discusses what to do if your ABS system fails.

Package: Infit-I Workforce Trucking

Course: Anti-lock Braking Systems

\*Available in Spanish

### How You Should Brake with ABS – Part 2

Length: 7:06

This video teaches drivers to use an Antilock Braking System. features drivers talking about Antilock Braking Systems.

Section: Trucking Industry

Module: Antilock Braking Systems

### Brake Safety

Length: 9:47

Each year, thousands of vehicles are placed out of service during the Commercial Vehicle Safety Alliance's (CVSA) Brake Safety Week. The video discusses how to do a pre-trip inspection to ensure brakes are in full working order.

Section: Trucking Industry

Module: Brake Safety

### Heavy Trucking Braking System & Braking Techniques

Length: 9:41

This video reviews types of brake systems, including air brakes, and the dynamics involved with safe braking practices.

Section: Trucking Industry

Module: Heavy Trucking Braking System and Braking Techniques

## AXLES & TIRES

### Axle Alignment and Maintenance – Part 1

Length: 6:13

This video shows steps to ensure optimum tire wear, including proper alignment and maintenance.

Section: Trucking Industry

Module: Axle Alignment and Maintenance

### Axle Alignment and Maintenance – Part 2

Length: 6:18

This video shows the steps necessary to ensure optimum tire wear, including proper alignment and maintenance.

Section: Trucking Industry

Module: Axle Alignment and Maintenance

## TRUCK SAFETY

### Diesel Exhaust Fluid (DEF)

Length: 9:55

Trucks manufactured after 2009 are required to have a selective catalytic reduction (SCR) system that uses diesel exhaust fluid. Learn how the SCR system works and all aspects of DEF.

Section: Trucking Industry

Module: Diesel Exhaust Fluid (DEF)

## Inspection Bulletin

Length: 2:47

This video is a basic inspection overview for inspecting the drive line, or drive shaft, on a bus, truck or tractor.

Section: Trucking Industry

Module: Inspection Drive Line

## Inspection Procedure

Length: 3:48

This video discusses, in detail, the procedure for inspecting the drive line, or drive shaft, on a bus, truck or tractor.

Section: Trucking Industry

Module: Inspection Drive Line

## Troubleshooting Vibration Complaints

Length: 14:09

The video provides methods to investigate and resolve a vibration complaint, providing avenues for corrective action.

Section: Trucking Industry

Module: Troubleshooting Vibration Complaints

## Winter Weather Readiness Checklist

Length: 6:39

Weather conditions can change quickly, especially during the winter. This video discusses things to check when winterizing a commercial motor vehicle (CMV), to ensure CMV drivers are prepared during the winter months.

Section: Trucking Industry

Module: Winter Weather Readiness Checklist

\*Available in Spanish

## FLEET MAINTENANCE & LITIGATION

### How to Avoid Common Legal Risks in Fleet Maintenance

Length: 1:01:34

Attorney Mike Bassett shares a real life example of cases where failures made by transportation companies leading up to accidents led to negligence claims. He'll share the steps trucking companies can take to avoid similar mistakes. *(This webinar is also available to view in short segments).*

Section: Best Practices Webinars

Module: 2017 Webinars

### Fleet Maintenance & Its Impact on Litigation, Part 1

Length: 8:19

This video introduces transportation attorney Mike Bassett and sets the stage for the story Mike tells throughout the webinar about how fleet maintenance plays an important role in protecting your company from a lawsuit.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

### Fleet Maintenance & Its Impact on Litigation, Part 2

Length: 13:03

This video focuses on the problems caused by lack of correct documentation and the violation of company policies. It features a story about a transportation company who failed in both areas.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

### Fleet Maintenance & Its Impact on Litigation, Part 3

Length: 15:27

This video focuses on the role maintenance managers played in the case. It highlights their mistakes, along with discussing the importance of cohesion within a company.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

### Fleet Maintenance & Its Impact on Litigation, Part 4

Length: 9:40

This video discusses the lessons learned from a case where a trucking company failed to follow their own maintenance procedures.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

### Fleet Maintenance & Its Impact on Litigation, Part 5

Length: 4:14

This video discusses what the fleet maintenance team can do after an accident to prepare for litigation.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

### Fleet Maintenance & Its Impact on Litigation, Part 6

Length: 9:48

This video is a question and answer period with attorney Mike Bassett, focused on the role fleet maintenance plays in litigation.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

### Fleet Maintenance & Its Impact on Litigation - PDF

Length: 55-page PDF

Download the slide deck for this webinar.

Section: Trucking Industry

Module: Fleet Maintenance - Webinar

## MSHA

### MSHA

### Brakes, Grade, and Runaways for Hwy Trucks, Part 1

Length: 9:57

This video highlights truck braking systems, principles of mine haul road design, and maintenance and procedures to follow in the event of a runaway truck.

Section: MSHA Mining Training

Module: Brakes, Grade & Runaway for Highway Trucks

### Brakes, Grade, and Runaways for Hwy Trucks, Part 2

Length: 8:42

This video goes over berms, guardrails, and barriers. It also discusses boulders as berms and runaway lanes.

Section: MSHA Mining Training

Module: Brakes, Grade & Runaway for Highway Trucks

## **Brakes, Grade, Runaways for Off Road Trucks, Part 1**

*Length: 9:16*

This video helps the driver better understand truck braking systems. It highlights mine haul road design and maintenance and shows the procedures in the event of a runaway truck. This video emphasizes the need to maintain a good braking system, the need to be constantly aware of the grades that the driver is operating on, and the actions drivers should take in case of a runaway accident.

*Section: MSHA Mining Training*

*Module: Brakes, Grade, & Runaways For Off Road Trucks*

## **Brakes, Grade, Runaways for Off Road Trucks, Part 2**

*Length: 8:43*

This video goes over brakes, grades, and runaways for off road trucks, as well as beams and guardrails.

*Section: MSHA Mining Training*

*Module: Brakes, Grade, & Runaways For Off Road Trucks*

## **Hwy. Haulage Truck MSHA Inspections, Part 1**

*Length: 8:23*

This video addresses the procedure taken by the MSHA inspector to ensure safe operating conditions of vehicles including mechanical conditions and the area the truck operates.

*Section: MSHA Mining Training*

*Module: Highway Haulage Truck Inspection by MSHA Inspectors*

## **Hwy. Haulage Truck MSHA Inspections, Part 2**

*Length: 9:57*

This video is a continuation of part 1.

*Section: MSHA Mining Training*

*Module: Highway Haulage Truck Inspection by MSHA Inspectors*

## **Inspection of Off Road Haulage Trucks, Part 1**

*Length: 4:53*

This video shows the necessary steps an inspector has to take to make a good thorough inspection of off road haulage trucks. It also shows the importance for the inspector to protect themselves while inspecting.

*Section: MSHA Mining Training*

*Module: Inspection of Off Road Haulage Trucks*

## **Inspection of Off Road Haulage Trucks, Part 2**

*Length: 6:22*

This video shows the steps an inspector has to take for a thorough inspection of off road haulage trucks. It also shows how the inspector can protect themselves while inspecting.

*Section: MSHA Mining Training*

*Module: Inspection of Off Road Haulage Trucks*

## **Operational Inspect, Off Road Haulage Trucks, Part 1**

*Length: 7:01*

This video focuses on pre-operational inspections, reporting hazards and ensuring hazards are corrected before driving.

*Section: MSHA Mining Training*

*Module: Operational Inspection Off Road Haulage Trucks*

## **Operational Inspect, Off Road Haulage Trucks, Part 2**

*Length: 6:22*

This video addresses more areas to check.

*Section: MSHA Mining Training*

*Module: Operational Inspection Off Road Haulage Trucks*

## **Pre-Operational Inspection of Off Road Haulage Trucks**

*Length: 9:21*

This video shows the three steps to give a good pre-operational inspection of an off road haulage truck.

*Section: MSHA Mining Training*

*Module: Pre-Operational Inspection of Off Road Haulage Trucks*

## **Visibility & Communication Off Road & Hwy., Part 1**

*Length: 8:30*

This video reminds drivers to maintain good visibility and communication. It also reminds drivers it is important for them to remain visible to others in their work area.

*Section: MSHA Mining Training*

*Module: Visibility and Communication for Off Road & Highway Trucks*

## **Visibility & Communication Off Road & Hwy., Part 2**

*Length: 6:47*

This video addresses areas to watch for good visibility.

*Section: MSHA Mining Training*

*Module: Visibility & Communication for Off Road & Highway Trucks*

### **CLIENT SPOTLIGHT**

#### **Decrease Accidents with an Online Safety Program**

*Length: 43:17*

Allan Hicks, VP of Safety and Human Resources at BR Williams Trucking, shares how he implemented online training and saw a reduction in accidents. Allan shares strategies for building a strong safety culture, including how to successfully deploy online training at your company.

*Section: Best Practices Webinars*

*Module: 2017 Webinars*

#### **How to Leverage Online Training in 2019**

*Length: 37:40*

Allan Hicks, 2015 American Trucking Association Safety Director of the Year, has a Q&A session to discuss best practices in online training.

*Section: Best Practices Webinars*

*Module: 2019 Webinars*

### **ON THE JOB INJURY PREVENTION**

#### **Blood and Body Fluid Training**

*Length: 10:42*

This video brings awareness to employees who might be exposed to blood or bodily fluids in the course of their work and need to be prepared to minimize their risk.

*Section: Trucking Industry*

*Module: Blood and Body Fluid Training*

### **CORONAVIRUS**

#### **Coronavirus 2019 – Cabin Sanitation**

*Length: 3:10*

This video covers acceptable disinfectants and effective ways of sanitizing a truck cabin during the COVID-19 pandemic.

*Section: Trucking Industry*

*Module: Coronavirus 2019 – Trucking*

*\*Available in Spanish*



## Coronavirus 2019 – Crisis Trip Planning

Length: 2:28

Learn steps you can take to plan for life on the road during the COVID-19 pandemic.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

\*Available in Spanish

## Coronavirus Factsheet

Length: 1-page PDF

A one-page factsheet from the CDC with information about the coronavirus in the US.

Section: Trucking Industry

Module: Coronavirus Factsheet

## Coronavirus 2019 – Freight Management

Length: 3:19

This video briefly discusses how to protect freight during the COVID-19 pandemic and what to do if you get sick while hauling freight.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

\*Available in Spanish

## Coronavirus 2019 - General Health Tips

Length: 3:18

Learn how to practice good hygiene etiquette and do your part to stop the transmission of COVID-19.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

\*Available in Spanish

## Coronavirus 2019 – General Information

Length: 6:16

This video aims to present known facts about coronavirus disease 2019 (COVID-19) according to the CDC and World Health Organizations. Symptoms, transmission facts, and prevention are covered.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

\*Available in Spanish

## Coronavirus 2019 – HOS Exemption

Length: 3-page PDF

Specific exceptions to hours-of-service regulations and related stipulations during the pandemic are covered in this Emergency Declaration issued by the FMCSA.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

## Coronavirus 2019 – Self-Assessment

Length: 3:21

Learn what to look for when self-assessing symptoms for COVID-19 and what to do if you believe you may be infected.

Section: Trucking Industry

Module: Coronavirus 2019 – Trucking

\*Available in Spanish

## HEAT STRESS AWARENESS

### OSHA: Heat Stress Awareness 1 - Sweating



Length: 5:00

This video defines heat stress and discusses its risk factors. It explains the human anatomy of sweating and how the process helps protect you from heat stress.

Package: OSHA

Course: OSHA: Heat Stress

### OSHA: Heat Stress Awareness 2 – Types of Injury

Length: 5:38

This video discusses the most common types of heat-related injuries. It explains precautions to take and outlines different ways to cool off.

Package: OSHA

Course: OSHA: Heat Stress

### OSHA: Heat Stress Awareness 3 – Treatment

Length: 4:53

This video discusses treatment options for heat-related injuries. It explains the importance of rest, hydration, and calling emergency services if you suspect heat stroke.

Package: OSHA

Course: OSHA: Heat Stress

### OSHA: Heat Stress Awareness 4 – Acclimation

Length: 5:37

This video explains what heat acclimation is and the importance of it when working in hot environments. It discusses how your body adjusts to heat in natural and climate-controlled environments

Package: OSHA

Course: OSHA: Heat Stress

## Training and Supervisory Responsibilities

Length: 7:47

This section covers the importance of a company plan for training employees, supervisors and managers on heat prevention, signs and symptoms of heat illness and treating potential victims.

Section: Warehouse, Distribution, & Maintenance

Module: Heat Stress Awareness Prevention

## PREVENTING INJURIES

### Preventing Injuries While Cranking Trailer Landing Gear

Length: 3:59

This video discusses situations and techniques used to avoid injury while cranking trailer landing gear.

Section: Trucking Industry

Module: Preventing Injuries

### Preventing Injuries While Entering/Exiting Trailer

Length: 5:00

This video demonstrates safe practices while entering and exiting the trailer.

Section: Trucking Industry

Module: Preventing Injuries

## **Preventing Injuries While Getting Into and Out of Truck Cab**

*Length: 4:49*

This video demonstrates safe practices to prevent injuries while getting into and out of the truck cab.

*Section: Trucking Industry*

*Module: Preventing Injuries*

## **Preventing Injuries While Opening and Closing Swing Type Trailer Doors**

*Length: 4:09*

This video demonstrates safe practices for opening and closing swing type trailer doors.

*Section: Trucking Industry*

*Module: Preventing Injuries*

### **INSPECTIONS**

#### **An Excedrin Headache**

*Length: 3:04*

Zach gets a head injury checking his engine.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

#### **Cutting It Close**

*Length: 3:08*

Teresa and Kurt both sustain dangerous cuts on the job. Drivers must remain aware of laceration hazards and understand the importance of first aid.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

#### **Driver Fractures Big Toe**

*Length: 2:19*

Bubba fractures his big toe incorrectly checking tire pressure.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

#### **Every Which Way But Loose**

*Length: 2:38*

Mack tears his trap muscle lifting the hood of his truck.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

#### **Good Job - Almost**

*Length: 2:35*

Tad fractures his arm when he trips in a rainstorm.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

#### **Looking At and Looking For**

*Length: 2:50*

Andy breaks his collarbone after an accident that could have been prevented by a proper inspection.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

#### **Man's Best Friend**

*Length: 2:02*

Tommy breaks his wrist when his dog, Blue, trips him.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

#### **Snap, Crackle, Pop**

*Length: 2:57*

Ted injures his knee after having to shift gears frequently and not reporting a problem with his clutch.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

#### **Who Can You Trust**

*Length: 2:20*

Harry was hit by another professional driver while walking around his truck. Even when you feel safe and secure, awareness should remain top priority.

*Section: Real. Life. Lessons.*

*Module: Conducting Pre/Post-Trip Inspection*

### **CONNECTING GLADHANDS**

#### **Mother Nature and Opportunities**

*Length: 2:22*

Lake and Brad receive weather related injuries when performing tasks in adverse weather.

*Section: Real. Life. Lessons.*

*Module: Connecting/Disconnecting Gladhands*

### **TRAILER LANDING GEAR**

#### **A Tight Squeeze**

*Length: 2:40*

Seymour injures his shoulder when his trailer shifts.

*Section: Real. Life. Lessons.*

*Module: Cranking Trailer Landing Gear*

#### **Ice – The Enemy of the Truck Driver**

*Length: 2:32*

Mary Ann shatters her elbow when she slips on ice. This video discusses how accidents like this can be avoided.

*Section: Real. Life. Lessons.*

*Module: Cranking Trailer Landing Gear*

#### **Spinning Landing Gear Handle Leads to a Broken Wrist**

*Length: 2:31*

Kyle is injured spinning the landing gear handle when it slips out of his control.

*Section: Real. Life. Lessons.*

*Module: Cranking Trailer Landing Gear*

*\*Available in Spanish*

### **BEHIND THE WHEEL**

#### **Blown Away on Interstate**

*Length: 2:52*

Phil ends up with an overturned tractor and trailer after the wind gets too strong. Always review weather forecasts and pay close attention to the weather around you.

*Section: Real. Life. Lessons.*

*Module: Driving*

## Contact

Length: 3:20

Carl and Tim have collisions with overhead objects. Always remember to be mindful of your overhead clearance.

Section: Real. Life. Lessons.

Module: Driving

## Crowd Control

Length: 2:59

Zack overturns his truck when he is distracted by his children, causing a minor shoulder injury and the loss of his job.

Section: Real. Life. Lessons.

Module: Driving

## Deer, Dogs, and Damage

Length: 2:50

Professional drivers can prevent personal injury or damage to property by being aware of their surroundings while driving. This video shares two scenarios where drivers are injured attempting to avoid a collision with animals and discusses best practices for drivers to use when animals come into the roadway..

Section: Real. Life. Lessons.

Module: Driving

## Driver Swerves to Avoid Deer and Overturns Truck

Length: 2:59

Seth narrowly escapes severe injury after swerving to avoid a deer. Swerving to avoid an animal often results in property damage and personal injury.

Section: Real. Life. Lessons.

Module: Driving

## Get Out, Get Under, or Get In

Length: 2:58

Lennie makes the wrong choice and seeks shelter under an overpass during a tornado. When driving in high winds, seek shelter away from your vehicle or in a ditch.

Section: Real. Life. Lessons.

Module: Driving

## Seat Belt for Coolers

Length: 3:08

Barbara tears her rotator cuff attempting to hold back a cooler during a hard brake.

Section: Real. Life. Lessons.

Module: Driving

## ENTERING & EXITING THE TRUCK CAB

### Three Points of Contact

Length: 6:03

Sprains and strains caused in part by slips and falls while getting in or out of trucks is one of the primary preventable injuries facing trucking drivers. This video discusses the correct way to enter and exit the cab of a tractor to avoid serious injury.

Section: Trucking Industry

Module: Three Points of Contact

### Anthony's Analysis and Oil Spills

Length: 2:42

Anthony injures his arm slipping on an oily patch of water.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

### Can You Speak French

Length: 2:51

James injures his back getting into a new truck. When dealing with the unfamiliar, always take extra caution.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

### Driver has a Clean Truck and Can't Drive it

Length: 2:55

Lester tears his rotator cuff while slipping from his truck.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

### Driver Injured "Bungee Jumping" Out of Truck

Length: 3:04

Archie falls from his truck. Wear appropriate footwear and be careful of creating trip hazards with straps or bungees.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

### Driver is Hit by Passing Motorist

Length: 2:16

Mike's driving career ends when he's struck by a passing motorist. Always pull as far as possible off the roadway.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

\*Available in Spanish

### Driver Slipped Getting Into the Truck

Length: 3:14

Sam is injured entering his cab. Always expect your shoes to be slick, step flat onto the step tread, and grip grab-rails tightly.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

\*Available in Spanish

### Driver Slips on Ice Stepping into Truck

Length: 2:50

Sam slips on ice attempting to climb into his truck. Remember to come to a complete stop before stepping up while on ice.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

\*Available in Spanish

### Driver Sprains Ankle Exiting Truck

Length: 2:10

Jim sprains his ankle stepping on a rock exiting his cab.

Section: Real. Life. Lessons.

Module: Entering/Exiting Truck Cab

\*Available in Spanish

## **Driver Tears Cartilage in Knee Jumping Out of Truck**

*Length: 2:19*

Johnny tears his knee cartilage jumping out of his truck. Always face your truck when exiting and hold on with both hands.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

*\*Available in Spanish*

## **Hurry Now - Wait Later**

*Length: 3:08*

Trevor gets a mild concussion when his haste causes him to fall from his truck. Always take on a task with the appropriate caution, speed, and awareness.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

*\*Available in Spanish*

## **Icy Cab Step Leads to a Broken Arm**

*Length: 2:34*

Barry slips from his truck and breaks his arm. Remember, when ice could form, run your foot across the top running board before stepping onto it to see if it has iced up.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

## **Move Over Please**

*Length: 2:33*

Ronnie ends up with a fractured wrist when another motorist fails to "move over". Always assume passing motorists either cannot see you or will not move over.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

## **New to You**

*Length: 3:07*

Paul fractures his wrist falling from a new truck. Always be cautious when dealing with new equipment.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

*\*Available in Spanish*

## **Not a Good Way to Start off the New Year**

*Length: 2:14*

Bill slips on a thin sheet of ice entering his truck. If the temperature is near freezing, always check for ice.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

*\*Available in Spanish*

## **Passengers Not Included**

*Length: 2:49*

Martin stays in his truck cab while the recovery truck is loading it. While exiting, he falls nearly 10 feet and fractures his wrist.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

*\*Available in Spanish*

## **Personal Conveyance**

*Length: 7:35*

This video discusses the applied revisions to personal conveyance and examples of proper and improper use of personal conveyance.

*Section: Trucking Industry*

*Module: Personal Conveyance*

*\*Available in Spanish*

## **Swinging Doors**

*Length: 2:35*

Ralph is injured when wind swings his door into him. Always use three points of contact.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

## **The Luck Factor**

*Length: 2:55*

Always use three points of contact, maintain awareness, and constantly evaluate your situation.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

## **Time-Delayed Release**

*Length: 3:12*

Jon herniated a lumbar disc during a slip. Jon's awareness allowed him to recognize his condition before it got worse.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

*\*Available in Spanish*

## **Very Expensive Coffee**

*Length: 3:04*

Caleb burns himself and fractures his arm by not using three points of contact.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

*\*Available in Spanish*

## **Wait a Minute Vines**

*Length: 2:39*

Todd hits his head after he loses his balance. Always focus on the task at hand and anticipate what could happen.

*Section: Real. Life. Lessons.*

*Module: Entering/Exiting Truck Cab*

*\*Available in Spanish*

## **To Climb**

*Length: 2:57*

Jim falls trying to get down from his trailer after placing load locks.

*Section: Real. Life. Lessons.*

*Module: Getting On/Off Trailer*

*\*Available in Spanish*

## **Out You Go**

*Length: 3:06*

George is injured getting out of his trailer. When possible exit and enter the trailer at a docking station and always remember to wear correct footwear.

*Section: Real. Life. Lessons.*

*Module: Getting On/Off Trailer*

## FIRE EXTINGUISHERS

### Fire Extinguisher

Length: 4:03

This video discusses the requirements for fire extinguishers in power units and preventative measures for avoiding vehicle fires.

Section: Trucking Industry

Module: Fire Extinguisher

## HEALTH & WELLNESS

### Hand and Wrist Injuries – Part 1

Length: 5:37

By understanding the physiology of the wrist and hand, employees can reduce their risk of injuries. This video discusses both how to prevent hand and wrist injuries and how to react when a hand or wrist injury occurs.

Section: Warehouse, Distribution, & Maintenance

Module: Hand and Wrist Injuries

### Hand and Wrist Injuries – Part 2

Length: 4:28

Learn specific treatments for injuries and the structure of the hand and wrist. All together there are 27 different bones in your hand and wrist. The bones are surrounded and tied together by muscles, ligaments, and tendons. Ligaments are strong, fibrous bands of tissue that serve to stabilize joints and prevent damage by limiting side movements of joints. Tendons permit flexibility.

Section: Warehouse, Distribution, & Maintenance

Module: Hand and Wrist Injuries

### Not What the Doctor Ordered

Length: 3:13

Marcus is hospitalized and loses his job when he does not take his medicine.

Section: Real. Life. Lessons.

Module: Health & Wellness

### Stiff and Tired

Length: 3:26

Clarence suffers a herniated disk by ignoring discomfort for several days. Never try to wait out discomfort.

Section: Real. Life. Lessons.

Module: Health & Wellness

### This for That

Length: 3:02

Tyler complicates an injury using a home remedy when he should have sought medical attention.

Section: Real. Life. Lessons.

Module: Health & Wellness

### White Line Fever

Length: 2:51

The driving lifestyle can offer several unhealthy challenges. Drivers benefit the most from leading a healthy lifestyle.

Section: Real. Life. Lessons.

Module: Health & Wellness

\*Available in Spanish

## INSIDE THE TRUCK

### A Place for Everything

Length: 3:12

Jeff and Brady are injured when insecure and unnecessary clutter goes flying in their cab. Make sure all items are secure, even if they're in use, and clean out the clutter.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

\*Available in Spanish

### A Rare Event

Length: 2:59

Sandy receives second-degree burns after an electronic device overheats in his sleeper berth. Always be cautious and attentive when using electrical devices.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

### I Do Not Feel Good - Part 1

Length: 2:48

Harry narrowly avoids tragedy. Remember, do not hesitate to notify management of potential health issues.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

\*Available in Spanish

### I Do Not Feel Good - Part 2

Length: 3:26

In this lesson Bubba shares some additional tips on protecting yourself and detecting exhaust leaks.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

\*Available in Spanish

### Location is Everything

Length: 2:46

Henry is injured when his hand slips from a crank handle and his positioning is poor.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

### Time to Clean House

Length: 3:14

Andy gets bit by a spider living in his untidy truck. Routine cleaning reduces the likelihood of arachnid infestations.

Section: Real. Life. Lessons.

Module: Inside Parked Truck

### Mr. Wizard

Length: 2:19

Jared falls from his truck while uninstalling electronics.

Section: Real. Life. Lessons.

Module: Cleaning Out Trailer

### Who Would Have Thought

Length: 2:41

Warren and Nick injure their backs cleaning out trailers.

Section: Real. Life. Lessons.

Module: Cleaning Out Trailer

## **For the Want of a Nail**

*Length: 2:26*

Harry fractures his wrist as he falls from his steering tire.

*Section: Real. Life. Lessons.*

*Module: Cleaning Windshield*

## **LOADING/UNLOADING**

### **Bump on a Log**

*Length: 2:36*

Tim is hit in the head while securing the load of his flatbed.

*Section: Real. Life. Lessons.*

*Module: Loading/Assisting to Load Flatbed Freight*

### **Communication is Critical**

*Length: 2:44*

John loses visual contact with a crane operator and gets a load dropped on his hand. When getting assistance, always maintain good communication and visual contact.

*Section: Real. Life. Lessons.*

*Module: Loading/Assisting to Load Flatbed Freight*

*\*Available in Spanish*

### **Falling Load Impacts Driver's Leg**

*Length: 2:50*

A falling load crushes Tom's leg. When loading/unloading, park on level ground and stay out of danger zones.

*Section: Real. Life. Lessons.*

*Module: Loading/Assisting to Load Flatbed Freight*

### **Tarps and Trampolines**

*Length: 3:02*

Walter breaks his ankle in the process of tarping his load.

*Section: Real. Life. Lessons.*

*Module: Loading/Assisting to Load Flatbed Freight*

### **With a Little Help from My Friends**

*Length: 2:15*

Trevor has hernia attempting to remove the end gates from his trailer. Ask for help with caution and coordination.

*Section: Real. Life. Lessons.*

*Module: Loading/Assisting to Load Flatbed Freight*

*\*Available in Spanish*

### **Dress for the Occasion**

*Length: 3:31*

Reggie incurs chemical burns when he fails to wear all of his personal protective equipment.

*Section: Real. Life. Lessons.*

*Module: Loading/Unloading Bulk Trailer*

### **I Am Hurt. What Should I Do?**

*Length: 3:03*

Seek medical attention first and remember to report all injuries as soon as possible to management.

*Section: Real. Life. Lessons.*

*Module: Loading/Unloading Bulk Trailer*

## **Wrestling an Alligator**

*Length: 3:14*

Clarence injures his back handling hoses on his tanker. Prepare to safely handle hoses by warming up, asking for assistance, or using mechanical aids.

*Section: Real. Life. Lessons.*

*Module: Loading/Unloading Bulk Trailer*

### **Up, Up, and Over**

*Length: 3:17*

Time damages his truck while dumping a load and then injures his knee after jumping from his damaged truck.

*Section: Real. Life. Lessons.*

*Module: Loading/Unloading Dump Trailers*

### **Driver Struck by Forklift Inside Trailer**

*Length: 2:22*

Nate is, fortunately, uninjured after being struck by a forklift. Do not engage in physical activity that is not defined as part of your job. Always be careful around forklifts and make sure forklift operators are aware of your presence.

*Section: Real. Life. Lessons*

*Module: Unloading/Assisting/Tailgating Freight*

*\*Available in Spanish*

## **OPENING/CLOSING DOORS & BOXES**

### **Purple Finger Nails and Profanity**

*Length: 1:47*

David smashes his fingers in the side box of his trailer, an injury that could happen to anyone.

*Section: Real. Life. Lessons.*

*Module: Opening/Closing Side-Box on a Flatbed Trailer*

### **Driver Loses Tooth Opening Trailer Door**

*Length: 2:03*

Randy opens a trailer door in a gust of wind and loses a tooth.

*Section: Real. Life. Lessons.*

*Module: Opening/Closing Trailer Door*

### **Hazmat Shoeboxes**

*Length: 3:15*

Harry is injured when his shifted load falls on him. Always check the security of your load prior to departure.

*Section: Real. Life. Lessons.*

*Module: Opening/Closing Trailer Door*

*\*Available in Spanish*

### **Slow and Steady**

*Length: 2:53*

Jacob and Salvatore both receive injuries when their haste to complete a task cause them to act unsafely.

*Section: Real. Life. Lessons.*

*Module: Opening/Closing Trailer Door*

### **Small Cut Leads to Serious Infection**

*Length: 2:56*

Bill loses a finger after he allows a small cut to go untreated and it becomes infected. Always treat wounds. If you can't treat it properly, seek medical attention

*Section: Real. Life. Lessons.*

*Module: Opening/Closing Trailer Door*

*\*Available in Spanish*

### **Twelve O'Clock High**

*Length: 3:05*

Virgil sustains a concussion from falling ice while opening his trailer doors. Always check your blind spots, especially twelve o'clock high, prior to opening trailer doors.

*Section: Real. Life. Lessons.*

*Module: Opening/Closing Trailer Door*

*\*Available in Spanish*

### **Wendy is now Windy**

*Length: 2:07*

Wendy dislocates her shoulder opening a door in high winds.

*Section: Real. Life. Lessons.*

*Module: Opening/Closing Trailer Door*

### **The Simple Things**

*Length: 2:42*

Keith is knocked unconscious when he fails to secure his trailer door. Remember that the simple routines in your daily activity should still be handled with care.

*Section: Real. Life. Lessons.*

*Module: Opening/Closing Truck Hood*

*\*Available in Spanish*

## **TRUCK MAINTENANCE**

### **A Broken Light Leads to a Broken Arm**

*Length: 2:42*

Barry breaks his arm attempting to replace a clearance light using the wrong equipment. Only make repairs when you have the correct equipment.

*Section: Real. Life. Lessons.*

*Module: Performing Truck/Trailer Maintenance*

*\*Available in Spanish*

### **Danger Close**

*Length: 2:45*

Sean fractures his left wrist while falling out of his trailer. Always remain aware of your proximity to danger.

*Section: Real. Life. Lessons.*

*Module: Performing Truck/Trailer Maintenance*

*\*Available in Spanish*

### **Exploding Tire Breaks Driver's Arm**

*Length: 2:21*

Professional drivers can prevent personal injury by staying aware of their surroundings while performing maintenance or truck inspections. This video shares a scenario where a driver fractures his arm and receives multiple lacerations when a tire he is inflating explodes. The video discusses best practices for drivers to use when performing truck maintenance..

*Section: Real. Life. Lessons.*

*Module: Performing Truck/Trailer Maintenance*

### **Hot to the Touch**

*Length: 2:46*

Eddie slips, breaks his wrist, and dislocates his shoulder attempting to remove his radiator cap with a hot engine.

*Section: Real. Life. Lessons.*

*Module: Performing Truck/Trailer Maintenance*

### **Steel Belted Radials**

*Length: 2:24*

Floyd receives several puncture wounds handling a tire.

*Section: Real. Life. Lessons.*

*Module: Performing Truck/Trailer Maintenance*

## **FIFTH-WHEEL RELEASE**

### **Awkward Posture**

*Length: 3:11*

Three people injure their backs due to awkward postures.

*Section: Real. Life. Lessons.*

*Module: Pulling Fifth-Wheel Release*

*\*Available in Spanish*

### **Pulling Fifth-Wheel Release**

*Length: 3:09*

Tommy tears his rotator cuff when he hastily yanks his fifth-wheel release.

*Section: Real. Life. Lessons.*

*Module: Pulling Fifth-Wheel Release*

## **CARGO SECUREMENT**

### **Maybe it Really is a Good Idea**

*Length: 2:11*

Billy and Michelle both suffer a hernia when they don't loosen up and prepare their muscles for work.

*Section: Real. Life. Lessons.*

*Module: Securing Freight in Van/Reefer Trailer*

## **SLIDING TANDEMS**

### **Driver Injured Back Pulling Slider Pin**

*Length: 2:11*

This video explains the paper practice for slider pin release.

*Section: Real. Life. Lessons.*

*Module: Sliding Tandems*

*\*Available in Spanish*

### **Friendship and Fingers**

*Length: 2:52*

Zac loses a portion of his finger when poor communication leads to an accident.

*Section: Real. Life. Lessons.*

*Module: Sliding Tandems*

### **If It Hurts, Say So**

*Length: 2:40*

Rudy had an admirable 15-year record of being injury free until he failed to report a nagging pain in his shoulder.

*Section: Real. Life. Lessons.*

*Module: Sliding Tandems*

*\*Available in Spanish*

## SLIPS & TRIPS

### Almost Made It

*Length: 3:01*

Brandon makes it safely back to the company drop lot, only to trip and sprain his wrist. Always remain aware of your surroundings, even when the coast seems clear.

*Section: Real. Life. Lessons.*

*Module: Slips and Trips*

### Mamaw Always Said

*Length: 2:57*

Wayne breaks his arm when dirty boots cause him to slip.

*Section: Real. Life. Lessons.*

*Module: Slips and Trips*

### Muck Boots

*Length: 3:11*

Sam loses his footing and injures himself when his cowboy boots work against him.

*Section: Real. Life. Lessons.*

*Module: Slips and Trips*

### Watch Where You Are Walking

*Length: 2:49*

Mark trips walking and receives serious injuries. Always focus on the task at hand and watch where you're going.

*Section: Real. Life. Lessons.*

*Module: Slips and Trips*

### Winter Weather and a Bad Case of Ice

*Length: 3:20*

Jordan and Raymond both receive serious injuries after slipping in cold weather. Remain alert if there is the possibility of ice. Approach as if there definitely is ice.

*Section: Real. Life. Lessons.*

*Module: Slips and Trips*

*\*Available in Spanish*

## STRAPPING/CHANGING FLATBED FREIGHT

### Beware Where You Step

*Length: 2:38*

Clarence and Jason receive serious injuries stepping on freight. Remember, always check freight prior to standing on it and always be aware of lighting conditions.

*Section: Real. Life. Lessons.*

*Module: Strapping/Changing Flatbed Freight*

*\*Available in Spanish*

### Cheater, Cheater

*Length: 3:03*

Charlie nearly loses an eye when a cheater slips and hits him in the face. Avoid using cheater bars if possible.

*Section: Real. Life. Lessons.*

*Module: Strapping/Changing Flatbed Freight*

### It Looked Like a Good Idea

*Length: 2:22*

Abe injures his leg using a guardrail as a stepladder.

*Section: Real. Life. Lessons.*

*Module: Strapping/Changing Flatbed Freight*

### Far Far Away

*Length: 2:57*

Cory sustains a shoulder injury that he believes to be minor. Instead of immediately reporting it and receiving assistance, he waits and it gets worse. Always report injuries immediately.

*Section: Real. Life. Lessons.*

*Module: Strapping/Changing Flatbed Freight*

### Pop Goes the Shoulder

*Length: 2:12*

Grant endures a painful shoulder injury trying to force a winch bar in an awkward position. Always utilize equipment in the manner it is supposed to be used.

*Section: Real. Life. Lessons.*

*Module: Strapping/Changing Flatbed Freight*

*\*Available in Spanish*

### That Just Stinks

*Length: 2:38*

Dan trips and falls after being surprised on the side of the road by a skunk. Always keep natural hazards in mind.

*Section: Real. Life. Lessons.*

*Module: Strapping/Changing Flatbed Freight*

### Who Has Got My Big Toe

*Length: 3:06*

Bret's big toe is smashed when a piece of iron falls on it. Treat your clothing as personal protective equipment. Sandals provide almost no protection.

*Section: Real. Life. Lessons.*

*Module: Strapping/Changing Flatbed Freight*

*\*Available in Spanish*

## TARPING/UNTARPING

### Automatic Tarps Are Not Risk Free

*Length: 2:58*

Two drivers suffer injuries using automatic tarping systems. Assess situations even when they appear to have been eliminated by devices.

*Section: Real. Life. Lessons.*

*Module: Tarping or Untarping*

*\*Available in Spanish*

### Bungee Straps and Eyeballs

*Length: 2:21*

This video discusses the dangers involved in working with bungee straps and the safety measures necessary to avoid injury when using them.

*Section: Real. Life. Lessons.*

*Module: Tarping or Untarping*

*\*Available in Spanish*

### Flats Equal Falls

*Length: 2:39*

Abe Juan shares his experience in controlling the risk of falls while securing and tarping freight.

*Section: Real. Life. Lessons.*

*Module: Tarping or Untarping*



## Tarps Plus Wind Equals Parasailing

Length: 3:13

B.J. is severely injured trying to restrain a tarp on a windy day. Always remain patient and anticipate trouble. Contact dispatch and ask others for assistance if necessary.

Section: Real. Life. Lessons.

Module: Tarping or Untarping

\*Available in Spanish

## That's Got to Hurt

Length: 3:10

Todd and Bob both fracture their ankles when situations don't work out the way they thought they would. Analyze the situation and anticipate problems.

Section: Real. Life. Lessons.

Module: Tarping or Untarping

\*Available in Spanish

## UNLOADING/ASSISTING/TAILGATING FREIGHT

### Driver Struck by Forklift Inside Trailer

Length: 2:22

Nate is, fortunately, uninjured after being struck by a forklift. Do not engage in physical activity that is not defined as part of your job. Always be careful around forklifts and make sure forklift operators are aware of your presence.

Section: Real. Life. Lessons

Module: Unloading/Assisting/Tailgating Freight

\*Available in Spanish

### Get Off My Foot Please

Length: 2:35

This video discusses the dangers of getting too close to a forklift, while it is in operation.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

\*Available in Spanish

### Help Can Be Dangerous

Length: 2:53

Gary trips over the tines of a forklift after being surprised by his "help".

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

### Look Out for Load Locks

Length: 2:53

Adam is severely injured when his inexperience with load locks gets the better of him.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

### There's a Reason for Everything

Length: 2:28

Mary Ann is injured and becomes medically unqualified to drive when she ignores directions and attempts to correct a loading issue herself.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

## Touchy – Feely

Length: 2:47

Todd is injured and loses his job after helping load freight. Touching freight can be hazardous. Follow company policies when it comes to touching freight.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

## True Cost of a Pallet Jack

Length: 3:13

Connie herniates a disc while pushing freight after she loans out her pallet jack. Make sure you have your material handling aids and use them at all times.

Section: Real. Life. Lessons.

Module: Unloading/Assisting/Tailgating Freight

\*Available in Spanish

## OSHA & SAFETY MANAGEMENT

### OSHA: Emergency First Aid: Bleeding

Length: 5:46

This video explains the common causes of bleeding injuries in the workplace and the proper first aid treatments for such emergencies. It also discusses relevant precautions to take at work to prevent future accidents.

Package: OSHA

Course: OSHA: Emergency First Aid: Bleeding

### OSHA: Emergency First Aid: CPR

Length: 6:43

This video discusses OSHA's emergency first aid regulations surrounding CPR, including the importance of checking for signs of life and Good Samaritan Law protection. It explains both OSHA's and the American Heart Association's guidelines for administering CPR.

Package: Infnit-I Workforce Trucking

Course: OSHA: Emergency First Aid: CPR

### OSHA: Emergency First Aid – Heart Attack

Length: 6:12

This video discusses OSHA's emergency first aid regulations surrounding heart attacks. It explains the common causes of heart attacks, how to administer first aid to someone suffering a heart attack, and discusses preventative measures you can take to prevent future injuries.

Package: Infnit-I Workforce Trucking

Course: OSHA: Emergency First Aid – Heart Attack

### OSHA: Emergency First Aid: Near Drowning

Length: 6:32

This video discusses OSHA's emergency first aid regulations surrounding near drowning. It explains the common symptoms of drowning, emphasizing that drowning is often silent. It also covers how to administer first aid to someone near drowning and discusses preventative measures you can take to avoid future incidents..

Package: Infnit-I Workforce Trucking

Course: OSHA: Emergency First Aid: Near Drowning

### OSHA: Emergency First Aid: Poison and Overdose

Length: 7:15

This video discusses OSHA's emergency first aid regulations surrounding poisoning & overdose. It discusses chemical hazards and touches on the opioid crisis. It also covers common symptoms, pertinent first-aid guidelines, and precautionary measures you can take to prevent future incidents.

Package: *Infiniti-I Workforce Trucking*

Course: *OSHA: Emergency First Aid: Poison and Overdose*

### OSHA: Emergency First Aid: Shock

Length: 6:16

This video discusses OSHA's emergency first aid regulations surrounding shock. It discusses the main types of shock, their symptoms, and how to administer the proper first-aid treatment.

Package: *Infiniti-I Workforce Trucking*

Course: *OSHA: Emergency First Aid: Shock*

### OSHA: Injury Prevention – Cuts, Scrapes, and Punctures



Length: 6:19

This video defines the differences in cuts, punctures, and scrapes. It discusses the dangers of each injury and basic remedy solutions. It also covers reporting procedures and prevention methods.

Package: *OSHA*

Course: *OSHA: Injury Prevention*

### OSHA: Injury Prevention – Motor Vehicle Injuries



Length: 4:39

This video discusses the risk of motor vehicle accidents for general industry workers. It explains different types of motor accidents and their respective common injuries. It also explains prevention methods and reporting procedures.

Package: *OSHA*

Course: *OSHA: Injury Prevention*

### OSHA: Injury Prevention – Musculoskeletal (MSD) Injury

Length: 5:41

This video discusses the most common types of MSD injuries, including how they're caused and how they're treated. It also explains various prevention methods as well as injury reporting procedures for claiming worker's compensation.

Package: *OSHA*

Course: *OSHA: Injury Prevention*

*\*Available in Spanish*

### OSHA: Injury Prevention – Slips, Trips, & Falls

Length: 5:23

This video explains common general industry hazards that result in slips, trips, or falls. It discusses different types of falls, various situations or causes that lead to falls, and common injuries involved. It also describes prevention methods and reporting procedures for claiming worker's compensation.

Package: *OSHA*

Course: *OSHA: Injury Prevention*

### OSHA: Injury Prevention – Strain by Lifting

Length: 6:10

This video discusses the most common causes of and treatments for muscle strain injuries. It also explains various prevention methods as well as injury reporting procedures for claiming worker's compensation.

Package: *OSHA*

Course: *OSHA: Injury Prevention*

## BLOODBORNE PATHOGENS

### OSHA: Bloodborne Pathogens: 01. Introduction



Length: 4:59

This video introduces the Bloodborne Pathogen series by discussing OSHA's Standard regulations. It outlines the main points of bloodborne pathogen safety training and clarifies employer requirements.

Package: *OSHA*

Course: *OSHA: Blood Borne Pathogens*

### OSHA: Bloodborne Pathogens: 02. General Information

Length: 6:38

This video discusses the various diseases associated with bloodborne pathogens. It also outlines common modes of transmission as well as exposure prevention methods.

Package: *OSHA*

Course: *OSHA: Blood Borne Pathogens*

### OSHA: Bloodborne Pathogens: 03. Hepatitis C

Length: 6:43

This video discusses the common bloodborne pathogen disease, Hepatitis C. It explains the common modes of transmission, symptoms, and various exposure prevention methods.

Package: *OSHA*

Course: *OSHA: Blood Borne Pathogens*

### OSHA: Bloodborne Pathogens: 04. Lifestyle

Length: 4:38

This video discusses general lifestyle choices that could increase your risk of bloodborne pathogen exposure. It explains the importance of good hygiene, safe sex, and regular doctor's visits.

Package: *OSHA*

Course: *OSHA: Blood Borne Pathogens*

### OSHA: Bloodborne Pathogens: 05. Workplace Risks

Length: 4:11

This video discusses which industries and roles are more at risk of occupational exposure. It explains common modes of transmission for bloodborne pathogens and the importance of familiarizing yourself with your employer's Exposure Control Plan.

Package: *OSHA*

Course: *OSHA: Blood Borne Pathogens*

### **OSHA: Bloodborne Pathogens: 06. First Aid Providers**

*Length: 5:27*

This video discusses the dangers that first aid providers face while at work. It explains appropriate PPE use, after-incident reporting, and risk determination factors for several industries.

*Package: OSHA*

*Course: OSHA: Blood Borne Pathogens*

### **OSHA: Bloodborne Pathogens: 07. Vaccines**

*Length: 4:56*

This video discusses which bloodborne diseases have vaccinations available and the benefits of receiving them. It also explains the protocol for declining vaccines your employer offers.

*Package: OSHA*

*Course: OSHA: Blood Borne Pathogens*

### **OSHA: Bloodborne Pathogens: 08. Universal and Standard Precautions**

*Length: 5:50*

This video discusses the various regulations outlined in the CDC's Universal Precautions and Standard Precautions. It explains the different steps you can take in the workplace to prevent bloodborne pathogen infections.

*Package: OSHA*

*Course: OSHA: Blood Borne Pathogens*

### **OSHA: Bloodborne Pathogens: 09. Personal Protection**

*Length: 4:58*

This video explains how the right personal protective equipment can help prevent bloodborne infections. It discusses various types of PPE and employer responsibilities.

*Package: OSHA*

*Course: OSHA: Blood Borne Pathogens*

### **OSHA: Bloodborne Pathogens: 10. Exposure**

*Length: 4:57*

This video defines occupational exposure and explains what to do during and after an exposure incident. It discusses proper disinfecting procedures as well as reporting regulations.

*Package: OSHA*

*Course: OSHA: Blood Borne Pathogens*

### **OSHA: Bloodborne Pathogens: 11. Exposure Control Plan**

*Length: 6:45*

This video explains what an Exposure Control Plan is and the various safety elements that make it up. It explains employer responsibilities and discusses regulations such as Universal Precautions, PPE guidelines, and incident reporting.

*Package: OSHA*

*Course: OSHA: Blood Borne Pathogens*

### **OSHA: Bloodborne Pathogens: 12. OSHA Update**

*Length: 3:48*

This video discusses the 2001 update to OSHA's Bloodborne Pathogen Standard. It emphasizes utilizing newer safety technologies and implementing work practice controls and employee training that reduce the chances of occupational exposure.

*Package: OSHA*

*Course: OSHA: Blood Borne Pathogens*

## **COMPRESSED AIR**

### **OSHA: Compressed Air Part 1 - Hazards**



*Length: 6:03*

This video explains the common hazards involved with using compressed air tools and systems. It discusses the dangers of mishandling compressed air and lists common resulting injuries.

*Package: OSHA*

*Course: OSHA: Working Safely with Compressed Air*

### **OSHA: Compressed Air Part 2 - Compressors**

*Length: 7:32*

This video discusses the common types of air compressors, or pressure vessels. It explains how they operate and lists general regulations surrounding their safe usage.

*Package: OSHA*

*Course: OSHA: Working Safely with Compressed Air*

### **OSHA: Compressed Air Part 3 – Air Receivers**

*Length: 5:07*

This video explains the role of air receivers in compressed air systems and tools. It discusses its' various functions and relevant regulations surrounding their safe usage.

*Package: OSHA*

*Course: OSHA: Working Safely with Compressed Air*

### **OSHA: Compressed Air Part 4 – Air Hoses & Couplings**

*Length: 5:30*

This video explains how air hoses and couplings operate within compressed air systems. It explains how they work together to help keep pneumatic systems safe and efficient.

*Package: OSHA*

*Course: OSHA: Working Safely with Compressed Air*

### **OSHA: Compressed Air Part 5 – Pneumatic Tool Safety**

*Length: 6:08*

This video discusses general safety tips to follow when using various pneumatic tools. It explains the importance of using proper fittings, following manufacturer guidelines, and what to do in an emergency.

*Package: OSHA*

*Course: OSHA: Working Safely with Compressed Air*

## FORKLIFTS & PALLET JACKS

### Forklifts and Pedestrian Safety

Length: 4:59

Topics included in this video include rules and certification; general types of equipment and engineering principles; fulcrum principle, forklift data plate, attachments, load centers, centers of gravity, technical terminology, operator responsibility; basic forklift operating rules, speeding, riders, seat belts and turnovers, raised loads; steering, operating surfaces, docks and ramps, braking and parking; pedestrians; forklift maintenance.

Section: Safety & OSHA

Module: Forklifts and Pedestrian Safety

### OSHA: Electric Pallet Jacks - Part 1

UPDATED  
2023

Length: 4:25

This video explains the safety regulations for electric pallet jacks. It discusses inspections and emphasizes the importance of referring to the manufacturer's guidelines as pallet jacks can operate differently depending on the design.

Package: OSHA

Course: OSHA: Electric Pallet Jacks

### OSHA: Electric Pallet Jacks - Part 2

Length: 4:57

This video explains the safety regulations for electric pallet jacks. It discusses the basic anatomy of a pallet jack and lists ways to stay safe while operating one.

Package: OSHA

Course: OSHA: Electric Pallet Jacks

### OSHA Regulations for Forklifts – Part 1

Length: 7:06

This video explains forklift operation regulations including requirements for personal protective equipment, safe handling of fuel, batteries and battery charging procedures, adequate lighting, dock boards and bridge plates, and operator training.

Section: Warehouse, Distribution, & Maintenance

Module: OSHA Regulations for Forklifts

\*Available in Spanish

### OSHA Regulations for Forklifts – Part 2

Length: 10:50

This video discusses forklift regulations like no riders, unattended trucks, safety platforms, proper use and operation of trucks, loading, and maintenance.

Section: Warehouse, Distribution, & Maintenance

Module: OSHA Regulations for Forklifts

\*Available in Spanish

### Safe Handling of Wooden Pallets

Length: 8:30

This video covers safe handling, stacking, and moving of wooden pallets and how to avoid injury.

Section: Warehouse, Distribution, & Maintenance

Module: Safe Handling of Wooden Pallets

## HAZARDOUS MATERIALS

### Formaldehyde Safety

Length: 6:44

When formaldehyde is required for manufacturing or other uses, safety is critical to planned usage. This video provides information drivers need to stay safe and healthy in their environment when using formaldehyde.

Section: Warehouse, Distribution, & Maintenance

Module: Formaldehyde Safety

### Bonding & Grounding of Flammable Liquids Transfers

Length: 8:47

You can reduce the effects of static electricity by using the ground, reducing the effects of static electricity and the possibility of sparks.

Section: Warehouse, Distribution, & Maintenance

Module: Bonding & Grounding of Flammable Liquid Transfers

### Hazcom Basics

Length: 5:19

This module defines 'Right-to-Know'. The video describes some Hazardous materials and MSDS. It also goes over the rules for creating a Hazcom plan.

Section: Safety & OSHA

Module: HAZCOM Basics

### Hazardous Materials Spill Clean Up – Part 1

Length: 4:24

This video discusses hazardous materials including chlorine, methane, acids, and other chemicals and gases, pesticides, cleaners, gasoline, and paint thinner.

Section: Warehouse, Distribution, & Maintenance

Module: Hazardous Materials Spill Clean Up

### Hazardous Materials Spill Clean Up – Part 2

Length: 9:51

This video discusses clean up details and the steps to follow when you see or smell a hazardous accident; Material Safety Data Sheet (MSDS) and their importance in detailing how to handle specific hazards.

Section: Warehouse, Distribution, & Maintenance

Module: Hazardous Materials Spill Clean Up

### Shipping of Hazardous Materials

Length: 15:25

This program explains how the shipping process works, what regulations guide you through the shipping process, and more.

Section: Safety & OSHA

Module: Shipping of Hazardous Materials

## HEARING CONSERVATION

### OSHA: Guide to Hearing Conservation: Part 1 - Understanding Hearing

UPDATED  
2023

Length: 6:31

This video discusses the importance of understanding hearing and hearing loss. It explains how the auditory system works and how hearing damage or loss ensues.

Package: OSHA

Course: OSHA: Guide to Hearing Conservation

## **OSHA: Guide to Hearing Conservation: Part 2 - Hearing Conservation Program**

*Length: 7:11*

This video discusses the guidelines of and elements that makeup OSHA's Hearing Conservation Program. It covers employer responsibilities and discusses different types of hearing protection.

*Package: OSHA*

*Course: OSHA: Guide to Hearing Conservation*

## **OSHA: Guide to Hearing Conservation: Part 3 - Prevention**

*Length: 6:26*

This video emphasizes the importance of prevention when it comes to protecting your hearing. It discusses hearing protection devices, taking breaks and treatment options.

*Package: OSHA*

*Course: OSHA: Guide to Hearing Conservation*

### **OSHA POLICIES & VIOLATIONS**

#### **2019 Changes in OSHA: How to be Proactive & Protect Your Company**

*Length: 44:08*

Attorney Travis Vance reviews 2019 changes in OSHA policies and regulations.

*Section: Human Resources - Infniti-I*

*Module: Webinars*

#### **Top Ten OSHA Violations – Part 1**

*Length: 7:16*

This video explains why employers need a written safety and health plan defining their operations and how safety is interrelated with job performance. A good safety program requires employee, supervisor, and management training.

*Section: Warehouse, Distribution, & Maintenance*

*Module: Top Ten OSHA Violations*

#### **Top Ten OSHA Violations – Part 2**

*Length: 6:57*

This video covers OSHA violations including machine guarding, personal protective equipment and the importance of proper documentation, forklifts, and fire extinguishers.

*Section: Warehouse, Distribution, & Maintenance*

*Module: Top Ten OSHA Violations*

#### **Your Right to File a Complaint with OSHA**

*Length: 6:24*

This video provides information on how an employee can file a complaint with OSHA regarding workplace safety or health hazards. The video discusses when to file a complaint, who can complain, what information must be provided and what options are available in filing a complaint. The video also explains what you must do if you have been fired.

*Section: Warehouse, Distribution, & Maintenance*

*Module: Your Right to File a Complaint with OSHA*

#### **Your Rights as a Whistleblower**

*Length: 7:16*

This video gives specific information and instructions regarding whistleblower rights, whistleblower laws, unfavorable personnel actions, filing a complaint, how OSHA determines retaliation has taken place, limited protection for employees who refuse to work, whistleblower protections.

*Section: Warehouse, Distribution, & Maintenance*

*Module: Your Right as a Whistleblower*

#### **Whistleblower Protection**

*Length: 7:15*

This video gives specific information and instructions regarding rights as a whistleblower, the whistleblower laws enforced by OSHA, unfavorable personnel actions, filing a complaint, how OSHA determines retaliation has taken place, limited protection for employees who refuse to work, and whistleblower protections.

*Section: Entry Level Driver Training Requirements*

*Module: Whistleblower Protection*

#### **How to Investigate an Accident**

*Length: 12:23*

This video describes proper procedures for workplace and industrial accident investigation. Information includes defining accidents as injury and non-injury, the proper information to include on an accident report, how to use accident investigation reports to determine accident trends, and what actions need to be taken regarding equipment, training and corrective action. An example accident scenario is included.

*Section: Warehouse, Distribution, & Maintenance*

*Module: How to Investigate an Accident*

#### **Labor and Mgmt Safety Committees**

*Length: 14:38*

This video covers all of the important elements needed to form a proactive team to ensure safety for all at the workplace. Some of the major highlights include: the committee makeup, a snapshot of the company, parameters and goals, true independence/problem solving, and safety counseling.

*Section: Warehouse, Distribution, & Maintenance*

*Module: Labor and Mgmt Safety Committees*

### **WORKPLACE SAFETY**

#### **Battery Charging Safety**

*Length: 9:22*

This video emphasizes how battery manufacturers have their own maintenance/operating procedures that should be followed, including the basics of charging batteries.

*Section: Warehouse, Distribution, & Maintenance*

*Module: Battery Charging Safety*

#### **Chains, Cranes, Slings, and Hoists**

*Length: 10:37*

When using chains, cranes, slings, and hoists, the most important safety feature is the operator's knowledge of how to use, inspect, and maintain the equipment. Damaged or worn out parts also make your equipment unsafe to use. If the equipment is unsafe to use, don't use it.

*Section: Warehouse, Distribution, & Maintenance*

*Module: Chains, Cranes, Slings and Hoists*

## Confined Space Entry

Length: 18:33

Confined space is any space which has limited openings for entry and exit. This video discusses permits required, materials that have potential for engulfing someone, serious safety and health hazards. The video defines attendant, inverting, zero mechanical state, engulfment, hot work permit, a "non-permit confined space".

Section: Safety & OSHA

Module: Confined Space Entry

## Electrical Safety

Length: 12:04

Handling electricity safely requires an understanding of how electricity acts, how it can be approached, and the hazards it presents.

Section: Warehouse, Distribution, & Maintenance

Module: Electrical Safety

## Fire Prevention Responsibility

Length: 8:07

This video discusses storing oily rags, electrical motors and electrical equipment, octopus plugs, flexible cords, extension cords, trash cans, exits, fire sprinkler system, telephone numbers of emergency agencies, and types of fire extinguishers, and smoke detectors.

Section: Safety & OSHA

Module: Fire Prevention Responsibility

## Hand and Power Tool Safety

Length: 12:25

Learn hand and power tool safety rules. Safety must be exercised every time anyone uses hand and power tools. Safety awareness and behavior is of vital importance and this program covers some basics, emphasizing that employees must follow all safety rules established by your organization.

Section: Warehouse, Distribution, & Maintenance

Module: Hand and Power Tool Safety

## Housekeeping in Manufacturing

Length: 8:39

One of the most important responsibilities employees have is maintaining an orderly workplace. Safety is an important responsibility and it's a condition of employment.

Section: Warehouse, Distribution, & Maintenance

Module: Housekeeping in Manufacturing

## Lockout/Tagout

Length: 5:34

This video discusses documenting all energy sources and identifying potential safety hazard associated with each machine; affected and authorized employees; importance relating to attempts to restart or re-energize machines or equipment which are locked out or tagged out; energy sources; normal production operations, servicing or maintenance; release of hazardous energy; lockout or tagout device application, inspection of the work area; removing a lock or tag from an energy isolating device.

Section: Safety & OSHA

Module: Lockout/Tagout

\*Available in Spanish

## Machine Guarding and Conveyors

Length: 12:18

Machine guarding is defined as any means of effectively preventing personnel from coming in contact with the moving parts of machinery or equipment, which could cause them physical harm. Machine guarding is placed around the moving parts of machinery in a facility in order to save fingers, hands, and lives.

Section: Warehouse, Distribution, & Maintenance

Module: Machine Guarding and Conveyors

## Proper Mounting Techniques with T-45 Tire Irons

Length: 14:10

This video discusses the proper procedures for mounting and demounting heavy duty truck tires using 2 standard T-45 tire irons.

Section: Warehouse, Distribution, & Maintenance

Module: Proper Mounting Techniques with T-45 Tire Irons

## Personal Protective Equipment

Length: 5:06

This video discusses how personal protection equipment helps to minimize infectious substances on contaminated materials from reaching clothing, under garments, skin, eyes, mouth, etc...

Section: Safety & OSHA

Module: Personal Protection Equipment

## Respiratory Protection

Length: 5:45

When employees work in environments where there is dust, smoke, fumes, sprays, mists, lack of oxygen, gases or vapors, they need to understand respiratory protection. This video discusses environments where there are respiratory hazards. It also discusses types of respirators and how to use a them, including: filter cartridges, medical monitoring, protection factors, respirator care, inspection, maintenance, and exposure assessment. Finally, it discusses the respiratory fit test, daily test, qualitative test, quantitative test, and testing agents.

Section: Safety & OSHA

Module: Respiratory Protection

## Safe Lifting

Length: 4:39

Proper equipment and techniques are critical when lifting any object to prevent injury. Back injuries can happen when drivers forget to warm-up before lifting or when they improperly lift. Safe Lifting reviews the correct way to lift and handle objects, when drivers should get help, and the need for personal protective equipment (PPE).

Section: Trucking Industry

Module: Safe Lifting

\*Available in Spanish

## Safe Operation of Cranes and Hoists

Length: 10:50

Crane and hoist operators are responsible for operating hoisting equipment safely and conducting functional tests of the equipment prior to using it.

Section: Warehouse, Distribution, & Maintenance

Module: Safe Operation of Cranes and Hoists

## **Tire Shop Hazard – Part 1**

*Length: 10:51*

This video, produced by the Tire Industry Association (TIA) and Michelin, describes how to assess a tire repair shop as it relates to required Personal Protective Equipment (PPE).

*Section: Warehouse, Distribution, & Maintenance*

*Module: Tire Shop Hazard*

## **Tire Shop Hazard – Part 2**

*Length: 9:29*

This video, produced by the Tire Industry Association (TIA) and Michelin, goes through a tire shop assessment with focus on basic hazard categories: area of tire inflation, tire restraining devices, proper housekeeping and tire storage.

*Section: Warehouse, Distribution, & Maintenance*

*Module: Tire Shop Hazard*

## **Warehouse Safety**

*Length: 13:48*

This video is an overview of on the job safety responsibilities. Our basic safety policy is simply this: "We don't have any job that can't be performed safely."

*Section: Warehouse, Distribution, & Maintenance*

*Module: Warehouse Safety*

*\*Available in Spanish*

## **Workplace Safety Inspection Checklist**

*Length: 10:05*

Workplace safety inspections help keep the workplace safer. Get a person who actually works in the specific work area to assist you in your responsibilities of workplace inspections.

*Section: Safety & OSHA*

*Module: Workplace Safety Inspection Checklist*

## **WALKING WORKING SURFACES RULE**

### **OSHA Walking Working Surfaces Rule**

*Length: 1:46:07*

OSHA's Walking Working Surfaces Rule set new requirements for walking and working surfaces/fall protection in general industry. This rule sets new specifications for portable and fixed ladders, scaffolds, and personal fall arrest systems. It requires equipment and procedural changes in millions of workplaces across the United States, including ensuring all of your workers are trained on new procedures and equipment. *(This webinar is also available to watch in smaller segments).*

*Section: Best Practices Webinars*

*Module: 2017 Webinars*

#### **1. Walking Working Surfaces Rule: Introduction**

*Length: 11:48*

This introductory section reviews the limitations of the old rule addressing slips, trips and falls and the current revisions to General Industry Rule.

*Section: Safety & OSHA*

*Module: OSHA Walking Working Surfaces Webinar*

#### **2. Costs and Benefits**

*Length: 11:58*

This section looks at the costs and benefits of the new rule, including the importance of recorded training, and reviews the industries affected by the revision of the General Industry Rule.

*Section: Safety & OSHA*

*Module: OSHA Walking Working Surfaces Webinar*

#### **3. Implementation Timeline**

*Length: 3:30*

This section reviews the effective dates of provisions of the new rule, as well as exceptions.

*Section: Safety & OSHA*

*Module: OSHA Walking Working Surfaces Webinar*

#### **4. General Requirements**

*Length: 5:46*

This section discusses the various surface conditions that must be maintained for safety; and who should perform or supervise repairs.

*Section: Safety & OSHA*

*Module: OSHA Walking Working Surfaces Webinar*

#### **5. Ladders**

*Length: 7:41*

This section outlines inspecting ladders and the safest techniques in using ladders, including portable ladders. Mobile ladder stands and platforms are also discussed along with the new standards for load weight and design criteria.

*Section: Safety & OSHA*

*Module: OSHA Walking Working Surfaces Webinar*

#### **6. Stairways, Dockboards, & More**

*Length: 5:25*

This section reviews design and construction specifications for step bolts, manhole steps and stairways and how they must be inspected. Also discussed are dockboards and the affirmative defense of infeasibility.

*Section: Safety & OSHA*

*Module: OSHA Walking Working Surfaces Webinar*

#### **7. Scaffolds and Rope Descent Systems**

*Length: 3:58*

This section discusses anchorage points, inspections and the development of prompt methods of rescue if needed.

*Section: Safety & OSHA*

*Module: OSHA Walking Working Surfaces Webinar*

#### **8. Fall Protection**

*Length: 12:31*

This section explains when fall protection is necessary both from heights above ground and into holes below ground; this includes repair pit requirements, personal fall protection systems and low slope roofs.

*Section: Safety & OSHA*

*Module: OSHA Walking Working Surfaces Webinar*

*\*Available in Spanish*

## 9. Rolling Stock

Length: 5:28

This section examines how OSHA looks at rolling stock and motor vehicles and the fall protection that applies to them.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## 10. Wrap-Up

Length: 1:10

This section examines what OSHA expects from employers on walking/working surfaces and fall protection requirements.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q1. Federal OSHA Rules & State Plans

Length: 1:57

Question and answer about the Federal OSHA Rules vs. State Plans under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q2. Flatbed Trailers

Length: 2:01

Question and answer about flatbed trailers under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q3. Document Harness Inspection

Length: 1:26

Question and answer about document harness inspection under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q4. Safety Harness Expiration Dates

Length: 1:39

Question and answer about safety harness expiration dates under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q5. Loading Dock Openings

Length: 2:16

Question and answer about loading dock openings under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q6. Ladderway Openings

Length: 2:35

Question and answer about ladderway openings under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q7. Confined Space Entry Portable Tanks

Length: 1:48

Question and answer about confined space entry portable tanks under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q8. Dock Plate Painting Requirements

Length: 0:53

Question and answer about dock plate painting requirements under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q9. Maintaining Platforms at Other Work Sites

Length: 2:50

Question and answer about maintaining platforms at other work sites under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q10. Fall Arrest/Restraint Ratings

Length: 0:56

Question and answer about fall arrest restraint ratings under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q11. Fall Protection System Guidelines

Length: 0:54

Question and answer about fall protection system guidelines under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q12. Training Deadline Penalties

Length: 1:45

Question and answer about training deadline penalties under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## Q13. Training Requirements

Length: 5:24

Question and answer about training requirements under the Walking Working Surfaces Rule.

Section: Safety & OSHA

Module: OSHA Walking Working Surfaces Webinar

## INFINITI-1 IN-MOTION

### In-Motion - Dealing with Aggressive Drivers

Length: 2:54

This animated video covers how to deal with aggressive drivers, what to do if you come across one, and how to avoid being one yourself.

Section: Trucking Industry

Module: In-Motion - Dealing with Aggressive Drivers

### In-Motion - Driving in Construction Zones

Length: 2:53

Work zones, or "cone zones", can be dangerous for both drivers and road workers. This video offers tips for safely driving through these hazards.

Section: Trucking Industry

Module: In-Motion - Driving in Construction Zones



## In-Motion - Driving in Fog

Length: 2:28

Fog creates dangerous driving conditions and has been the cause of a high number of accidents and fatalities. This animated short explores the safest way to operate a vehicle through fog.

Section: Trucking Industry

Module: In-Motion - Driving in Fog

## In-Motion - Driving in the Rain

Length: 2:28

In rainy conditions, pedestrians, animals, and other obstacles are extremely hard to spot and even harder to avoid. In this animated video, learn how to be safe before you get on the road and while driving in the rain.

Section: Trucking Industry

Module: In-Motion - Driving in the Rain

## In-Motion - Good Sleeping Habits for Truck Drivers – Part 1

Length: 2:10

This short, animated video covers reasons why sleep is important and ways to improve your sleep environment.

Section: Trucking Industry

Module: In-Motion - Good Sleeping Habits for Truck Drivers

## In-Motion - Good Sleeping Habits for Truck Drivers – Part 2

Length: 2:09

Part two of this healthy sleeping habits training teaches how to better prepare for sleep, what to avoid and what to do before bedtime.

Section: Trucking Industry

Module: In-Motion - Good Sleeping Habits for Truck Drivers

## In-Motion - Hydroplaning

Length: 1:57

Hydroplaning is when a vehicle's tires lose contact with the road. This occurs when there is water in front of your tires that builds up faster than the vehicle's weight can push it away.

Section: Trucking Industry

Module: In-Motion - Hydroplaning

## In-Motion - Railroad Crossing Safety

Length: 2:50

Any time is train time, and the train always wins. Any driver on the road needs to know just how dangerous it can be crossing a railroad. So, let's talk about it.

Section: Trucking Industry

Module: In-Motion - Railroad Crossing Safety

## In-Motion - Tailgating

Length: 2:43

When tailgating another vehicle, a driver sacrifices critical safety elements of being on the road. This animated short covers what happens when someone tailgates, and what to do to defend against others tailgating you.

Section: Trucking Industry

Module: In-Motion - Tailgating

## SEXUAL HARASSMENT

### Sexual Harassment: Guidelines



Length: 8:06

This video outlines general training guidelines for sexual harassment training at work. It defines what constitutes a hostile work environment, explains the role of the EEOC, and lists common unacceptable behaviors that many would find unwelcome at work.

Package: Infinit-I Workforce Trucking

Course: Sexual Harassment: Guidelines

### Sexual Harassment: Reporting Without Evidence



Length: 6:13

This video explains how to go about reporting sexual harassment at work without solid evidence. It discusses the parameters of prima-facie evidence, quid pro quo harassment, and disparate treatment.

Package: Infinit-I Workforce Trucking

Course: Sexual Harassment: Guidelines

### Sexual Harassment: Title VII



Length: 8:16

This video examines the history of Title VII of the Civil Rights Act by explaining the various court cases that contributed to the law. It defines what sexual harassment is and explains the role of both the EEOC and your employer when managing sexual harassment cases.

Package: Infinit-I Workforce Trucking

Course: Sexual Harassment: Title VII

\*Available in Spanish

## WORKPLACE SEXUAL HARASSMENT

### Sexual Harassment - Workplace Part 1

Length: 3:29

Sexual harassment does exist and should never be tolerated and is against the law. Sexual Harassment is any form of sex discrimination that involves unwelcome sexual favors and other unwanted verbal or physical conduct based upon sex which adversely affects a persons job or which creates a hostile and offensive work environment.

Section: Warehouse, Distribution, and Maintenance

Module: Sexual Harassment - Workplace Part 1

### Sexual Harassment - Workplace Part 2

Length: 8:55

This video reviews the legal definitions of common harassment situations whether explicit or implied. It must be of a sexual nature or it must be harassment that is gender-related. Verbal or physical conduct like pictures, works, touching based on sex that interferes with an individuals job performance or which creates a negative, hostile work environment and differences between simple teasing and harassment.

Section: Warehouse, Distribution, and Maintenance

Module: Sexual Harassment - Workplace Part 2

## Sexual Harassment - Workplace Part 3

Length: 3:48

Responding to sexual harassment situations and learning to keep your emotions in check, while maintaining professionalism when confronted with unwanted comments, touching or suggestions. This video reviews the reporting and escalation process when confronted with various types of sexual harassment.

Section: Warehouse, Distribution, and Maintenance

Module - Sexual Harassment - Workplace Part 3

## Sexual Harassment - Managers

Length: 8:56

By being prepared managers can address and resolve claims about sexual harassment avoiding costly administrative action and litigation while maintaining a harassment free workplace. This video reviews what managers and supervisors can easily do like being a positive role model for employees and being familiar with specific company sexual harassment policies and procedures.

Section: Warehouse, Distribution, and Maintenance

Module: Sexual Harassment - Managers

# HUMAN TRAFFICKING

## TRUCKERS AGAINST TRAFFICKING TRAINING

### Truckers Against Trafficking – Part 1

Length: 17:08

The video features a gripping firsthand account from a victim that was forced into the world of human trafficking and how the trucking industry is combating this human tragedy and creating awareness.

Section: Trucking Industry

Module: Truckers Against Trafficking

### Truckers Against Trafficking – Part 2

Length: 10:57

This video discusses what drivers and the industry can do about this global, national, and local problem.

Section: Trucking Industry

Module: Truckers Against Trafficking

# CUSTOMS-TRADE PARTNERSHIP AGAINST TERRORISM

## C-TPAT

### C-TPAT

Length: 7:09

This video discusses the Customs-Trade Partnership Against Terrorism (C-TPAT) and suggested procedures for drivers.

Section: Trucking Industry

Module: C-TPAT

\*Available in Spanish

# CANADIAN TRAINING MATERIALS

## CANADIAN TRAINING MATERIALS

### Canada Bill C-65

Length: 5:03

This video details the regulations set forth by Canadian Bill C-65. It discusses the changes made by the Bill, what an employer should know, and what an employer is responsible for.

Course Name: Canada Bill C-65

Content Name: Canada Bill C-65

\*Available in Spanish

### Canadian Hours of Service #1

Length: 7:40

This video overviews hours of service regulations, company policy and procedure, and provincial/federal regulations.

Section: Canadian Content

Module: Canadian Hours of Service Part 1

### Canadian Hours of Service #2

Length: 11:15

Concentrates on off-duty time and sleeper berth.

Section: Canadian Content

Module: Canadian Hours of Service Part 2

### Daily Log Exemptions

Length: 3:33

Discuss regulations that get drivers in trouble during roadside inspections and audits.

Section: Canadian Content

Module: Canada Hours of Service Part 3

### Form and Manner

Length: 5:07

Goes over form and manner which is a critical part that is often missed and neglected.

Section: Canada

Module: Canada Hours of Service Part 3

### Local Drivers

Length: 3:37

Goes over local drivers and logbooks.

Section: Canada

Module: Canada Hours of Service Part 3

### Personal Responsibility

Length: 2:19

Discusses Canadian based regulations.

Section: Canada

Module: Canada Hours of Service Part 3

### Introduction

Length: 1:25

This video goes over driver's daily pre-trip. Discusses finding minor defects and major defects during a pre-trip.

Section: Canada

Module: Canadian Vehicle Inspection

## Rear Inspection and Safety Equipment

Length: 3:05

Andrew Stacy looks for minor and major effects on the vehicle.

Section: Canada

Module: Canadian Vehicle Inspection

## Tires

Length: 3:49

Andrew Stacy inspects tires.

Section: Canada

Module: Canadian Vehicle Inspection

## Under the Hood Driver Side

Length: 3:40

This video goes over a pre-trip inspection under the hood on the driver's side looking for major defects and minor defects.

Section: Canada

Module: Canadian Vehicle Inspection

## Under the Hood Passenger Side

Length: 2:03

This video goes over a pre-trip inspection under the hood on the passenger's side looking for major defect and minor defects.

Section: Canada

Module: Canadian Vehicle Inspection

## EVENTS

### CVSA Roadcheck 2021 Flyer

Format: PDF

This flyer from CVSA gives information regarding the focus areas of Hours of Service and Lighting for the May 4-6, 2021, International Roadcheck.

Course Name: CVSA Roadcheck

Content Name: CVSA Roadcheck 2021 Flyer

## DRIVING WELL

### DRIVER PHYSICAL & EMOTIONAL HEALTH

#### Session 1 - Introduction

Length: 1:52

This video introduces the viewer to the Driving Well Driver course, which focuses on providing information and techniques geared towards improving mental, physical, and emotional health.

Course Name: Driving Well Driver Course

Content Name: Session 1 - Introduction

#### Session 2 - Anxiety

Length: 5:34

This video discusses the effects of anxiety on drivers and details ways drivers can manage, reduce, and cope with anxiety on the road.

Course Name: Driving Well Driver Course

Content Name: Session 2 - Anxiety

#### Session 3 - Relationships

Length: 8:33

This video discusses the challenges drivers face in regard to relationships. This video details techniques and ideas to foster various types of healthy relationships on the road.

Course Name: Driving Well Driver Course

Content Name: Session 3 - Relationships

#### Session 4 - Depression

Length: 5:51

This video discusses depression, the risks drivers face, mechanisms for managing depression, and information on how to work through challenging situations.

Course Name: Driving Well Driver Course

Content Name: Session 4 - Depression

#### Session 5 - Physical Activity

Length: 5:57

This video discusses the importance of physical health as a driver. It details several risks caused by the challenging lifestyle drivers lead, as well as techniques for increasing physical wellness.

Course Name: Driving Well Driver Course

Content Name: Session 5 - Physical Activity

#### Session 6 - Stress Management

Length: 8:55

This video discusses how stress affects drivers. It details the numerous risks drivers face and techniques for mitigating or managing stress.

Course Name: Driving Well Driver Course

Content Name: Session 6 - Stress Management

#### Session 7 - Personal Development

Length: 7:24

This video discusses the benefits of focusing on your personal development. It details a number of techniques and ideas, focusing on your past and communication.

Course Name: Driving Well Driver Course

Content Name: Session 7 - Personal Development

## MEDIUM-DUTY TRUCKS

### Medium-Duty Trucks: 7 Deadly Errors Cars Make Around Large Vehicle

Length: 6:46

Seven of the most common mistakes passenger vehicles make when driving around large vehicles and how to counteract these mistakes with safe driving techniques.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

### Medium-Duty Trucks: Backing a CMV

Length: 5:14

Sometimes there's no alternative and you'll have to back your CMV. This tool covers tips, maneuvers, and safety protocol on how to properly back a large vehicle.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Defensive Driving Tips

Length: 5:02

The best driver is a safe driver. Learn five tips on being a defensive driver in a world of aggressive ones.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Distracted Driver: Cellphone

Length: 3:50

Learn about the study that verified the dangers of cellphone use in vehicles and join us in discussing the rules made in response.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Distracted Driving Awareness: No Device Allowed

Length: 5:02

The dangers of using an electronic device while driving are covered, as are the consequences of violating rules and regulations regarding their use.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Distracted Driving Awareness: Hands-Free Device Allowed

Length: 3:44

We discuss the dangers of using hands-free devices while driving and consequences of violating the rules and laws regarding them.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Driving in Extreme Weather Conditions

Length: 9:01

Facing extreme weather in a CMV can be terrifying, but the best way to be safe is to be prepared. This video explores the different kinds of extreme weather and how to operate your CMV safely through them.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Fixed Object Collisions, High Speed

Length: 6:30

This tool defines fixed object collisions that occur at high speeds, where and how they occur, and how best to avoid them.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Fixed Object Collisions, Low Speed

Length: 7:40

Learn about the dangers and effects of low speed fixed object collisions, where they most often occur, and techniques to avoid these hazards.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Lift Gate Safety

Length: 3:22

Safe handling, maintenance, and procedures on how to unfold and stow the lift gate are discussed in this video.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Managing Lots and Tight Spaces

Length: 5:56

Most CMV operators know that maneuvering into parking lots and tight spaces can be frustrating and difficult. We want to help relieve that pressure by discussing the best tips for navigating these tight spots.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Seatbelts: Why They Work and Why It's the Law

Length: 4:50

Seatbelts are often overlooked and understated, but these safety devices save lives every single day. Learn the science behind seatbelt safety and why you and your passengers should always buckle up.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

## Medium-Duty Trucks: Winter Weather Readiness Checklist

Length: 6:28

This video covers the specifics on what to check in preparation for traveling in cold weather.

Package: Medium Duty Trucks

Course: Medium Duty Trucks

# PARCEL DELIVERY

## Parcel Delivery – After the Accident

Length: 3:09

Learn what to do after an accident, including protecting yourself from harm, getting help, recording key on-scene information, and following company policies.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery - Dog Bite Prevention

Length: 3:30

For delivery drivers and couriers, encountering an aggressive dog is a very real danger. Learn what causes dogs to bite, warning signs of an attack, what to do if a dog attacks, and what to do or not do if you see a strange dog.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery – Heat Stress

Length: 3:03

Extreme heat is not a friend to parcel delivery drivers. In this animated short we cover how to prevent heat-related illnesses, risk factors for these illnesses, symptoms of heat exhaustion and heat stroke, and what to do if you think you're suffering from a heat-related illness.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery - Parcel Delivery Safety

Length: 3:14

Those who work as parcel delivery drivers or couriers are exposed to numerous serious hazards. In this video we discuss delivery truck inspections, defensive driving tips, safe lifting practices, and how to prevent slips, trips, and falls.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery - Parking Lots

Length: 2:30

As a parcel delivery driver, you'll likely be required to park in commercial or residential parking lots to complete deliveries. Learn general safety tips for driving in, walking in, and leaving parking lots.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery - Professional Driver

Length: 3:40

Working as a professional driver comes with responsibilities; a professional driver is a safe driver. Let's talk about the best ways to live up to this title.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery – Robbery Prevention

Length: 2:58

Parcel delivery drivers are vulnerable targets for criminals. Let's discuss steps to thwart a robbery, what to do if a robbery occurs, what not to do, and how to react after the robbery.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery - Safety Belts Save Lives

Length: 3:31

A safety belt is the most important safety device at your disposal. In this video we discuss the myths and facts surrounding these live-saving devices.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery - Too Fast for Conditions

Length: 04:20

Driving too fast for conditions is defined as traveling at a speed greater than a reasonable standard for safe driving. Learn exactly what these conditions are, and when it's necessary to slow down.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery - Vehicle Backing Safety

Length: 3:22

Backing accidents are common and potentially deadly. Drivers should avoid backing whenever possible, but in situations where this isn't possible, we're giving some tips to back safely.

Package: Medium Duty Trucks

Course: Parcel Delivery

## Parcel Delivery – Winter Weather

Length: 3:44

Snow and ice are not allies to those required to work in the elements. In this video you'll learn about hypothermia, including symptoms and prevention, how to react to ice and snow, how to care for windshields and mirrors, and the importance of monitoring weather conditions.

Package: Medium Duty Trucks

Course: Parcel Delivery

Do you have problems with employee retention? Are all of your employees working together to make your company a place where people want to work?

**The Cultural Relationship Program: The People Side of Trucking with Dan Baker** is designed to improve employee retention by building positive working relationships between employees in all parts of your company. The program features down-to-earth, real-world information featuring longtime trucking industry consultant Dan Baker. The program has helped hundreds of companies across the nation improve communication and understanding between all of the members of their teams.

This is a company-wide solution, with valuable takeaways for every department, including:

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